March 5, 1999 ACALANES HIGH SCHOOL Volume 59, Number 6

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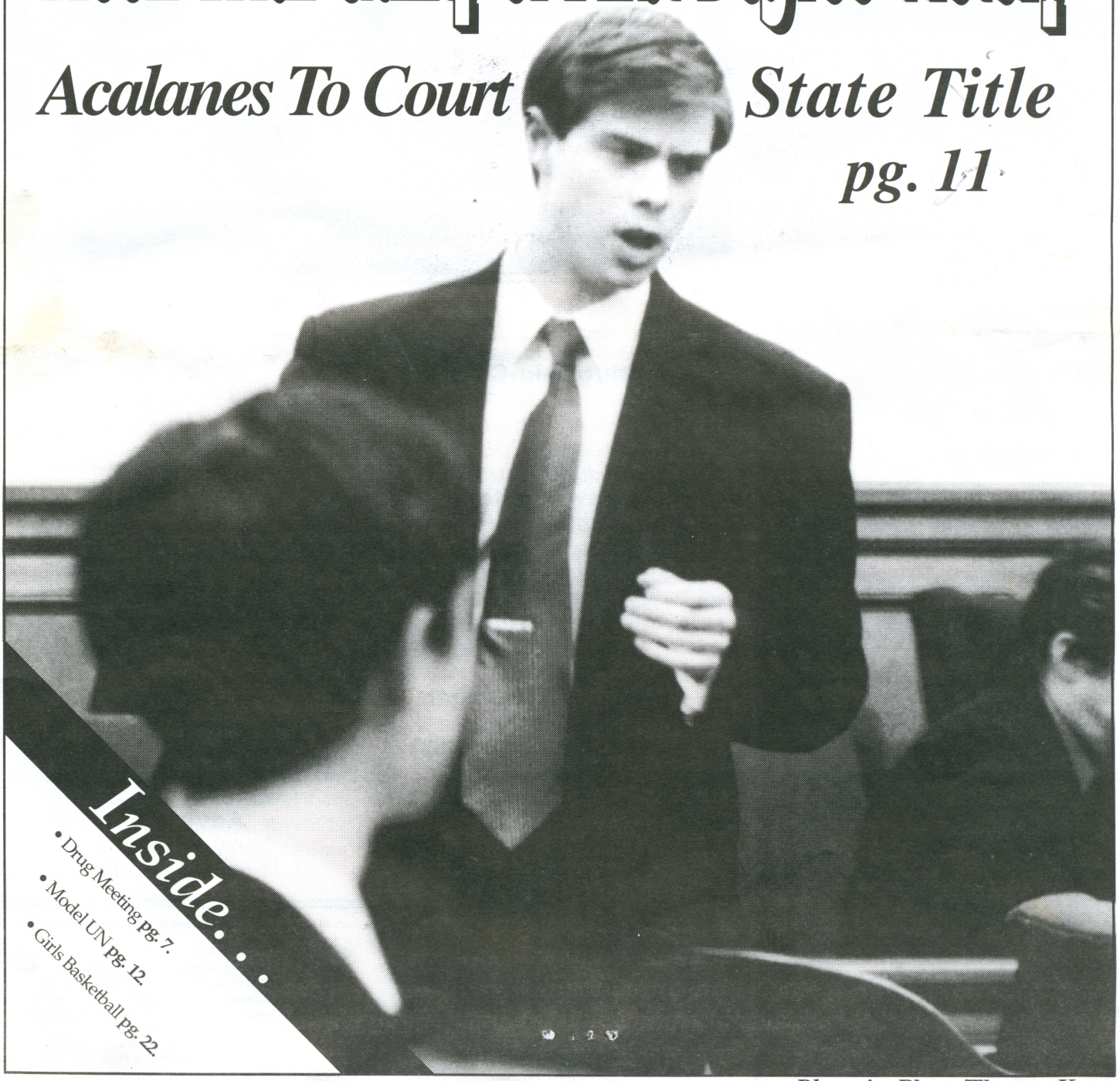
BLUEPRINT

Mock Trial Guilty on First Degree Victory

Acalanes To Court State Title

pg. 11



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Blueprint Photo/Thomas Kuo

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ON THE COVER: Senior Michael Pinkel speaks during the recent Mock Trial case. Thanks to the talent of students like Pinkel, Acalanes prevailed.

Photo of the Issue

Blueprint Photo/Cathy McPhee

Senior Tom Tomkinson struts through the Quad at lunch during a game of Singled Out with Junior Tyler Blum.

Blueprint '98-'99

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Blueprint is published approximately every three weeks during the school year except for holidays and breaks by the Journalism class at Acalanes High School.

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Send all letters to the editor and subscription requests to:
Acalanes Blueprint
1200 Pleasant Hill Rd.
Lafayette, CA 94549
Tel: (925) 935-2600 ext. 127

A CALANES BLUEPRINT
NEWS

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Chevron
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COACH CHANGARIS

Coaching Decision Spikes Controversy

By Julie Zorn and
Hannah Hens-Piazza
Co-editor-in-chief and News Editor
Part one of a two part series

After coaching the Acalanes girls' volleyball team to its best season ever, coach Jim Changaris was told that his position as coach next year would be opened to other applicants.

The decision came in the wake of a complaint letter from parents criticizing Changaris' coaching style and alleging a lack of communication with players, according to Changaris, who has been the coach since 1991.

A team parent, who spoke with *Blueprint*, said that there were other letters from individuals to the school regarding the coach. The parent asked to remain anonymous to protect the identity of his daughter.

Though he was never shown any letter or given a chance to confront his accusers, Changaris said Principal Keith Schmidt told him the letter, signed by a group of team parents, charged that Changaris did not know what he was doing, played favorites in how he treated players, only won because of club players, and could not communicate with girls.

Schmidt acknowledged that he received a letter, but could not divulge what exactly it said, citing "personnel confidentiality." He also acknowledged that parents' opinions have a significant effect on who stays and goes.

"They can play a role in who doesn't coach...We are not a for-profit organization, but we do have customers, and so we're concerned about customer satisfaction," said Schmidt. Changaris said that he had never been made aware of any dissatisfaction up until a post season meeting with Schmidt and Assistant Superintendent of Personnel Johanna VanderMolen.

Blueprint Photo/Thomas Kuo

Jim Changaris, still the wrestling coach as shown here, was told recently that his position as girls' volleyball coach would be open to new applicants next year.

"I didn't get any feedback from parents (during the season)," said Changaris, who also did not suspect that his job would be opened up to other applicants next year.

Changaris said he hadn't been aware of the "ultimatum" that was to come from parents until the volleyball season had ended. He was called into Schmidt's office and met with him and athletic director Dave Girsch after the parent letter was sent to Schmidt. They discussed the letter that most of the team's parents had signed.

In a second meeting days later, Changaris spoke again with Schmidt and with VanderMolen. Changaris said he was told that if he was not removed, the district was risking being stormed by angry parents. He was then told that his position would be opened for application next year, said Schmidt.

VanderMolen clarified that "there is a difference between letting a coach go and not rehiring a coach. If someone is not coming back another year, that does not mean they got fired" since a coach is not guaranteed his position every year.

Changaris responded to the one charge in the letter, that he didn't know what he was doing, by pointing to the team's record for the season, 32-10, the best record ever for the Acalanes team.

Volleyball coach Mark Apadoca backs Changaris' knowledge of the sport. "All the basics are the same, and the basics are what Jim Changaris taught," said Apadoca, who wrote a letter to the school board on behalf of Changaris. Apadoca is a club coach who worked with Changaris when they coached girls' volleyball at Carondelet.

At the end of each season every coach is evaluated by the school. ***continued on page 4***

COACH CHANGARIS

Changaris said that he received all fours and fives on his evaluation.

Girsch confirmed that, saying, "Changaris was evaluated by myself as well as Mr. Schmidt at the end of the season, and he received a positive evaluation and was recommended to be rehired."

One player, though, said, "I don't think he taught us well...we had potential to be a lot better."

Parents "can play a role in who doesn't coach...We are not a for-profit organization, but we do have customers, and so we're concerned about customer satisfaction."

-Keith Schmidt

One player felt that in order for a team to do well it "has to have potential and talent, and a coach has to bring that out."

"It's sad that a coach and a team worked this hard and has this falling out...(Changaris) is a very hard working, well-organized person," said one parent who signed the letter.

On the other hand, Schmidt and Girsch both said that how much a coach can make his or her team win does not determine what kind of a coach he is. "I don't think that should be a part of high school athletics, winning and losing. It's not whether you win or lose. It's how you play the game," said Girsch.

"(Winning) certainly does help," though, said Schmidt.

Changaris is not clear as to why people say that he doesn't know what he's doing. "The thing that probably hurts me the most is that I have never played volleyball...I can show them how to do it."

Girsch said that having played the sport is not necessarily a requirement for a coach. "A lot of real good coaches at the high school and the collegiate level either weren't in the sport or weren't good players." Schmidt and Apadoca agreed that playing a sport is not essential for coaching it.

Another charge was that Changaris played favorites. "I have faults and maybe I do play favorites, but I don't do it intentionally. I try very hard not to," he said.

One player denied that Changaris treated players differentially. "He played to win," she said. "He used the girls with the best skills in important games, but did not play favorites."

Apadoca agreed, saying, "When you coach, you want to win. You put the best players on the court."

Schmidt said that he had no problem with coaches controlling who plays and who doesn't. "My assumption is that the coach is making the appropriate choice of who's the best athlete, so would we want that to change? No," said Schmidt. He added that "parents are not objective observers of their own children."

Still, another player said Changaris "ignored certain girls when they asked for help" and "paid more attention to various players."

Blueprint interviewed all 14 players from last season's team. Playing time was just one of many issues about which players disagreed.

Apadoca said that relying heavily on club players is a legitimate strategy. "If you want a successful team, you have to have club players....Ninety percent of the players at Carondelet play club, but no one complains."

"I don't want a closed sport...I want girls and boys to be able to play as many sports as they can in high school," said Changaris.

The last charge was that Changaris could not communicate with girls. Although Schmidt did not comment directly about Changaris, he did say "there has to be a connection between the coach and the athlete. With it, almost anything is forgiven. Without it, nothing is forgotten."

One player said of his communication that "girls need more encouragement, but he never gave it, not at all." To this, Changaris said, "That is an out and out lie."

A parent who signed the letter said, "I like him as a person. I just think he and the team didn't mix too well this year."

Track coach Manny Meyers said that Changaris may have a weakness in this regard. Changaris is "an outstanding boys' coach....but it is a hard lesson to learn that you can not work with girls the same exact way you work with boys. I told him that he needs to learn to communicate with girls and their parents...and he agrees."

"Mr. Changaris was not fired. In fact, he was invited to reapply,"

-Keith Schmidt

Another girl player felt that Changaris was "the most open coach. To have a meeting with him you just had to say, 'Hey Mr. C, can I talk to you after practice?'"

"Mr. Changaris was not fired. In fact, he was invited to reapply," said Schmidt.

"I have put my name in the draw, but I don't think I have a chance," said Changaris.

CHEVRON

Chevron Protest Spreads to National Level

By Nathalie de Leon
Staff Writer

An Ohio congressman, a Boston investment firm, and the Regional Director of Amnesty International have echoed the cries of Acalanes' chapter of Amnesty International against the Chevron Corporation for alleged human rights abuses in Nigeria.

Congressman Daniel Kucinich of Ohio has written a letter to his peers in Congress encouraging them to a congressional investigation into Chevron's actions in Nigeria.

According to a congressional aide, Kucinich has "long standing concern with the conduct of multinational companies around the world," and his request resulted from constituents' concerns about the May 25 Parabe incident, in which two protesters were killed on a Chevron offshore oil rig.

The scope of the investigation has yet to be decided. Kucinich said that if it can be proven "that Chevron execs requested the (Parabe) attack and knew that it was highly likely that people would die, he would pursue criminal penalties" according to the aid. Kucinich will submit another letter to Congress requesting the investigation.

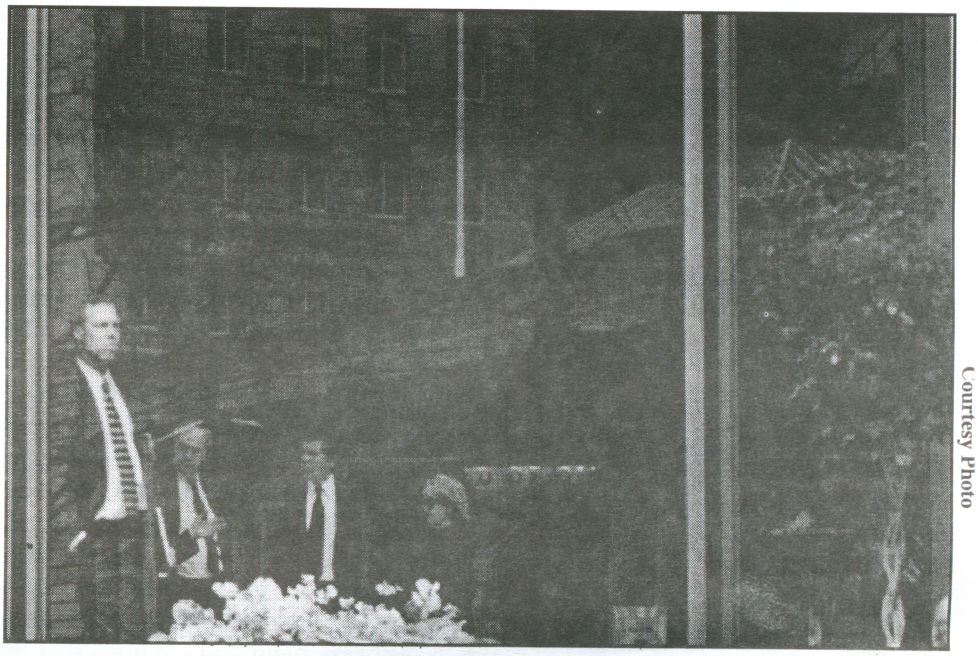
Meanwhile, Franklin Research, a Boston-based investment firm, submitted a shareholders' resolution to the United States Securities and Exchange Commission (SEC) to be placed on the agenda of Chevron's next shareholders meeting. The resolution would force Chevron to revise its code of conduct. Franklin Research submitted two similar failed resolutions in 1996 and 1997.

The resolution was drafted in November before the protest by Amnesty Acalanes. However, Simon Billenness, a representative for Franklin Research, said protests across the country have helped in furthering the firm's cause.

"(The Amnesty Protest) certainly helped as well," said Billenness. "It indicated that Chevron was not speaking to the public."

Amnesty Acalanes lent its help to Franklin Research last Thursday when its members wrote 40 letters to the SEC, encouraging the agency to ensure that the resolution is placed on the ballot for the next shareholders meeting.

In addition, Chevron has granted a meeting to a coalition of local human rights, environmental, and labor organizations, including Acalanes' chapter of Amnesty International to discuss alleged human rights abuses by the company in Nigeria.



Courtesy Photo

Chevron employees stare through the window of Chevron world headquarters in San Francisco at student protesters from Acalanes' Chapter of Amnesty International.

Fred Gorell, Chevron spokesperson, confirmed that Chevron will meet with protesters to review the facts.

"Yes, we do have intentions to meet with them.... It will be a good faith meeting to exchange our views," said Gorell.

The meeting was granted after the Rainforest Action Network, a group protesting Chevron's involvement in Nigeria, set up a protest in which activists climbed up the flagpole in front of Chevron headquarters in San Francisco.

Gorell said it was a dangerous situation, and he hopes other groups do not take the same action.

"I don't think it's a good thing to break the law to get your point across," said Gorell.

The date for the private meeting is currently tentative, and all the participants have not yet been decided. Chevron has promised to have an international executive, a PR executive, and an assistant to CEO Ken Derr present. Members from Amnesty International may be present as a result of their Jan. 25 protest.

Amnesty International contacted Amnesty Acalanes after the protest and expressed support for the chapter's campaign, according to Group Coordinator Charlie Eaton. Furthermore, Amnesty International Regional Director Dennis Palmieri agreed to attend the meeting with Chevron on behalf of Amnesty Acalanes.

At the same time, the Chevron debate has spread to the dance floor. Senior class president Matt Blits announced that the Senior Ball committee would reject any offers of Chevron contributions during a January 29 meeting of Amnesty Acalanes.

The Senior Ball committee is soliciting table donations from local businesses including a Chevron station. Senior Ball Coordinator Vanessa Totten, however, said that the issue hasn't been discussed in meetings and though she is personally opposed to accepting a Chevron donation, the whole committee would decide on the matter.

Blits maintains that he has authority over the issue as Senior Class President.

CARPOOLING

Carpooling To Ease Parking Congestion

By Jeni Wolowic
Staff Writer

Acalanes leadership class will start a carpooling program after spring break that will make 30 parking spaces in the main lot available to carpoolers only in an effort to improve the parking situation.

Carpooling has become a major issue as the number of drivers trying to park in a limited number of parking places increase. Although the carpool diamonds are already painted in the parking lot, the program will not begin until spring break. Before it begins the leadership class will do "a lot of advertising to get students informed," according to senior Matt Blits

The timing of the enforcement of the carpooling spots will coincide with the addition of portable buildings to the parking lot, reducing the capacity of the lot. The carpooling program will reduce the number of spots available to any parking pass holder by an additional 30 spots. ASB president Morgan Miles said "I don't think that right away the spots will be filled," but he hopes eventually the spots will be filled, reducing the parking congestion.

Seniors Charlie Eaton and Scott Seibert thought of the program in order to compensate for the parking spaces that will be used for portable classrooms when construction begins on the old buildings.

"To be able to park in the carpool lot, students will be required to have more than one Acalanes student parking permit so that it will actually decrease the cars in the lot," Blits said.

Those parking in the carpool spaces without more than one parking pass will receive a fine. "We're still working on the amount but the spaces will be checked every morning."

The student body has decided this is the most effective program. Leadership dismissed other ideas such as having reserved parking spots, buying land next to the school to create another parking lot, carpool spots in neighborhoods; all of which would require too much volunteer help.

Leadership also thought of having incentive programs, such as free cafeteria food, which evolved into this program.

The leadership class has also been asked to share their program with the other schools in the district and eventually Walnut Creek high schools. "Traffic control around high schools has become a major problem and we hope that this program will help," Blits said.

Blueprint Photo/Robyn Jones

The Acalanes parking lot is now filled with marked spaces, providing incentive for those who carpool.

LEADERSHIP EXCHANGE

Leadership Exchanges Ideas

By Lindsay Wood
Staff Writer

Acalanes leadership class joined four other schools for an exchange of students which intended to show how different schools handle problems on campus.

The four schools that participated in the exchange were: Alhambra, Ygnacio Valley, Las Lomas, and College Park.

The Acalanes students saw how different schools handle similar problems, like trash, on campus.

" A lot of the students who came to Acalanes for the day from different schools had a lot of interesting comments, like how they thought our school was very clean," said leadership adviser Rod Keillor.

The Acalanes student body who went to different campuses for the day learned a lot about the way different schools are run.

At Alhambra, the student body is having trouble with their cafeteria so the Acalanes Leadership class told them about the boycott from the cafeteria that happened at Acalanes last year.

The exchange gave some students at Acalanes a chance to leave Acalanes behind and experience what life is like for different students in the surrounding areas of Acalanes.

Alhambra, who organized the project invited Acalanes students to participate in the exchange, that is an annual event that Acalanes has missed out on for the last four years," because of scheduling conflicts," said Keillor.

ASb President Morgan Miles said, "When it comes down to it, the administration has the final say in all schools."

DRUG PANEL MEETING

Parents Meet To Curb Drug Abuse

By James Sherwood
Staff Writer

The 'Nothing But the Facts' drug and alcohol meeting was held Feb. 17 at Acalanes by a panel of legal experts to answer questions from teens and their parents, but less than five teens attended the meeting.

The main goal of this meeting was to answer questions that were left unanswered from the original meeting held on October 26. To answer the audience's questions, the panel consisted of a Youth Services Officer, a Chief Probation Officer, two Deputy District Attorneys, a Supervising Attorney, a Presiding Judge, and a Pediatrician.

The meeting began with presentations by each panel member, explaining their role in the legal system and giving advice to the parents. Officer Ken Whitlatch started by telling the audience how a juvenile criminal would first deal with the police, and according to the offense, is moved on to juvenile hall and through the legal system.

Deputy District Attorney Ben Braun provided one of the few positive quotes during the meeting by saying, "Alcohol and drugs are prevalent amongst teenagers, but all in all there has been a decline in recent years."

Following Braun was Deputy District Attorney Karen Zelis who gave a very powerful presentation by telling the parents to be "pro-active" and to "do anything to save your children." After giving parents several tips on tracking drug use she said that, "You can't be a friend all the time," and "the first person responsible is the child."

To wrap the presentations up Pediatrician Dr. Alex Stalcup discussed the effect drugs and alcohol have on a teen's health. He told the audience that '1 in 5 graduates will become alcoholics or drug addicts' and 'Forty percent of the boys at Acalanes have driven with someone intoxicated.' Stalcup also said, "Before the age of 16 there is a fifty percent greater risk of addiction" and that "ninety nine percent of all smokers use other drugs." By using these surprising statistics Dr. Stalcup urged the parents to keep a close eye on their kids.

By each speaking for a few minutes the panel members described in detail exactly what a juvenile would go through when facing legal charges all the way to a judge.

After they were done speaking the audience was given the chance to ask questions. The main question asked was on constructive possession. The panel explained that if a designated driver is driving with intoxicated friends, but does not have alcohol or drugs in the car they could not be charged. If there are open or closed containers that they know about in the car they can be charged, but if they had no knowledge of the substances there are no consequences.

One of the main goals of this meeting was so teens could ask questions, but the problem was only four or five students attended. Sophomore Dave Lettis who was at the meeting said, "I did learn a few things tonight but it's kind of a lost cause if no one shows up. I think that instead of proving that drugs are harmful the community should start offering some alternatives. Only then will there be results."

NOTHING BUT THE FACTS
MANY PARENTS DON'T WANT TO BELIEVE THEIR CHILDREN DRINK OR USE DRUGS. BUT, THE MAJORITY OF AHS STUDENTS DO. YOU, AS PARENTS NEED TO GET INVOLVED. TAKE CHARGE!
CURFEW IS NOW 8:00
That's the last time she goes to a party!
Ohh- he's in trouble!
GREAT... THERE GO MY PLANS FOR THIS WEEKEND...
DONG AHS

Blueprint Illustration/Noel Fadhen

TRASH PROBLEMS

Spic'n'Span Commitee Cleans Up

By Brianne Kennedy
Staff Writer

"Yeah, that's right, you're a LITTER BUG .. and they're ugly!!" reads a sign that's posted throughout Acalanes' halls.

The "Clean Campus Lunch Program.," introduced last month in response to an increasing campus trash problem, at first was hailed as a success but is slowly losing its effectiveness, according to committee members.

The plan, which reminds students to pick up trash with a "taped musical signal" during the last minute of lunch each day, is the brainchild of Acalanes teacher Lee Storey.

Storey said she was inspired to create the program because she uses classrooms on two different corners of the campus and saw firsthand how much lunch litter was left behind. She now leads a committee to create a cleaner campus.

And it worked, for a while. Head Custodian Everett Woolfolk said his post-lunch cleaning routine, from the front of school to the back, was reduced 75 percent, from an hour 20 minutes to 20 minutes.

"The first two days were wonderful," said teacher Renate Crocker, a committee member.

It doesn't really matter what we do as long as we keep at it.
-Acalanes teacher Aase Schoen

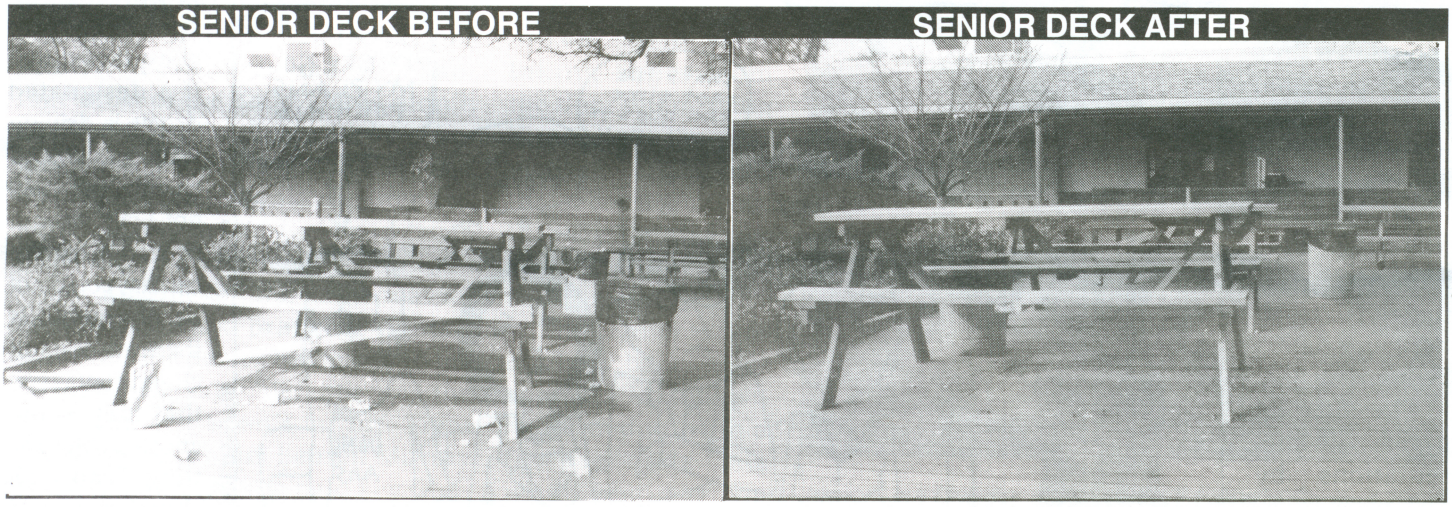
"I don't think the kids have really bought into the fact that they can pick up a piece of trash when they didn't throw it down," said Crocker.

According to a quick survey, none of eight girls questioned said they felt compelled to pick up someone else's trash, regardless of the daily musical prompting.

Due to dwindling interest, the committee is considering other ways to promote the cause. They include rewards, including extended lunches, raffles, cash prizes or student store gift certificates.

Other ideas go to the negative, such as citizenship grade reductions.

"It doesn't really matter what we do as long as we keep at it," said Acalanes teacher Aase Schoen.



Blueprint Photo/Cathy McPhee

Students uniformly grumbled about the musical selection which, according to ASB President Morgan Miles, was chosen because "people would get annoyed by it and pick up trash."

The trash problem isn't unique to Acalanes. At Northgate, each garbage can is affixed with the bumper sticker of a Bay Area radio station that plays a different kind of music. The type of music played the next day at lunch corresponds with the type can that accumulates the most lunchtime trash.

Students uniformly grumbled about the musical selection which, according to ASB President Morgan Miles, was chosen because "people would get annoyed by it and pick up trash." Some, like Erica Moehle, said the musical cue does work. "Whenever the music goes on, people go around and pick up trash, " she said.

Woolfolk said the program was needed because "around the quad and the glass hallway seem to be a magnet for trash."

ACALANES BLUEPRINT
FEATURE

INSIDE . . . . . .

Model UN
pg.12

OBITUARY

Remebering Michael Masdeo: 1983-1999

Courtesy of the Masdeo Family

Even when Michael's body was failing he wanted those around him to be happy. He was saddened when those he loved were grieving at his misfortune.

Michael died peacefully in his sleep on February 21. He had spent the last two weeks of his life resting comfortably at home with his family and friends. He was 15 years old.

At an early age he developed a passion for travel and the outdoors. He enjoyed trips to Hawaii, Nevada, Utah, Virginia, and his favorite place, Sun Valley, Idaho.

His childhood years were filled with camping and backpacking trips. Favorite destinations included Lake Almanor, Lake Tahoe, Yosemite and Butte Lake. The Desolation Basin and the Emigrant Wilderness were his favorite backpacking areas. He once carried a 5-pound spool of wire in his pack so he could build a stand over the fire for cooking.

Michael participated in many sports including baseball, soccer, football, swimming, and snorkeling. His proudest accomplishment was achieving the rank of black belt in karate at the age of 10.

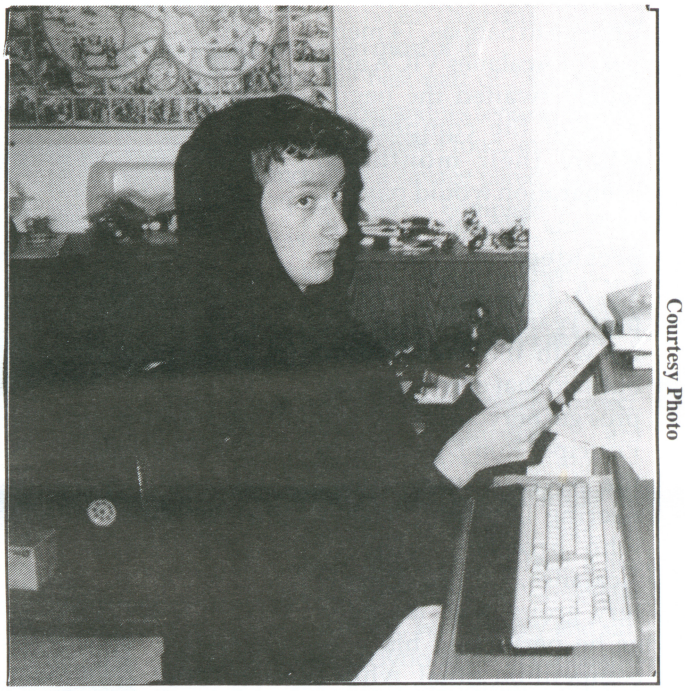
He would often go trout fishing with his Dad. He went more for the comradeship than the actual sport. He once caught two trout over 20 inches in his first two casts. He beamed with the excitement.

At home Michael was a voracious reader often finishing a book a day for weeks at a time. He also enjoyed movies, surfing the internet, and collecting coins.

Michael was an excellent student. He excelled at math and science. He loved logic problems and intellectual conversations with adults.

In July of 1996 he was diagnosed with a chordoma brain stem tumor. Only one child in twelve million under the age of fifteen is stricken with this type of tumor. Michael endured five surgeries in excess of twelve hours each and spent over six months in a neck and head "halo." He retained a positive attitude and a terrific sense of humor throughout his ordeal.

His mother Carrie was his best friend. He kept her laughing with his quick wit and sophisticated humor. Michael was an inspiration to all that knew him. His constant, unwavering grace and courage in the face of his disease will forever be remembered by those that knew and loved him.



Courtesy Photo

Michael was a voracious reader and found every opportunity to demonstrate his love for learning. He will be missed.

TRIBUTES TO MICHAEL

"Michael's spirit has touched all who knew him and his bravery and happiness have shown what things are really important in life."-Jeni Wolowic

"I always thought he was really independent. He always said what was on his mind and didn't care what other people thought."-Haruka Roudebush

"I will always remember Michael's smile. No matter what was going on he could always make a joke and make me laugh."-Krysta Paradis

"Michael cared immensely for others. He didn't want his problems to get the rest of us sad. I'll always love and respect him."-Daniella Risman

"Michael was not only my friend but he was my inspiration and my hero."-Jon Shand

The Michael Masdeo Memorial Scholarship Fund has been established to honor and remember the life of Michael. It will be awarded to college-bound graduating seniors from Acalanes and will target students who show outstanding courage in overcoming some obstacles.

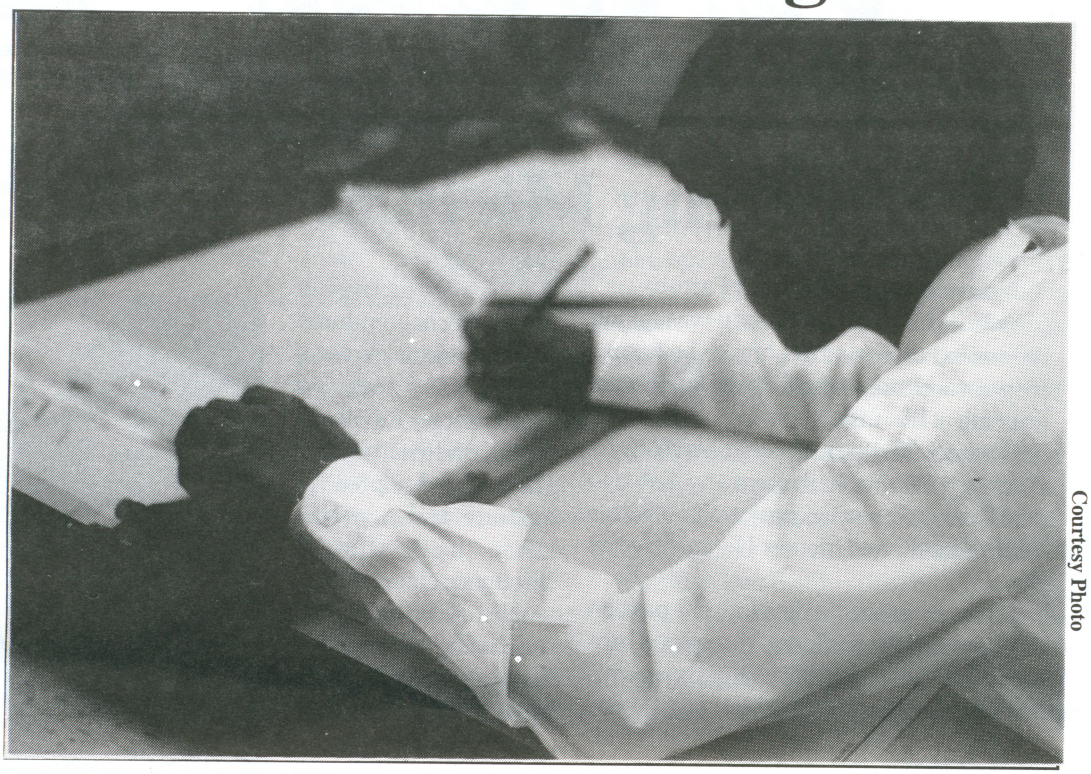
Those wishing to make donations may send money to:

Michael Masdeo Memorial Scholarship Fund
c/o Patti Harris
220 Mason Circle
Concord, CA 94520

VICA

VICA Draws Stellar Praise at Regionals

By Noel Fahden and Tim Shieh
Staff Writers



Courtesy Photo

A member of the Acalanes VICA Club competes in a regional contest in the category of architectual drawing.

After a two hour drive to the Vocational/Industrial Clubs of America (VICA) Regional Conference held at Hartnell Community College in Salinas, 14 members of Acalanes VICA anxiously awaited the beginning of the competition where their months of preparation would pay off.

Tiana Wright, the vice-president of Acalanes VICA, has participated in past years and was familiar with the competition but said that even seasoned pros get nervous. Assistant Principal Ron Dygert, also the Architectural/Engineering Drawing teacher who brought VICA to Acalanes, calmed the jittery group with laughter as he performed his pre-competition ritual; while placing his thumb on the students' heads, he chanted, "May the power of the Dons be with you."

"Mr. Dygert is really good about making us laugh. If you go into (the competition) with a good mood, you'll do fine," said Wright, who received a gold medal in the Job Interview competition.

"The competition is not cutthroat. Our kids get along fine with the Los Gatos High VICA members," Dygert said.

At regionals, competition is not as intense as state, said Wright. "We got lucky at regionals, but state is much stricter (on rules)." Junior Eddy Ng agreed, saying that VICA competition rules are observed much more closely at state since the regional competition is basically a preliminary competition.

Wright and senior Missy Bryden founded the club in 1996 under the supervision Dygert. "Mr. Dygert gave us the idea when he told us about the VICA at his old school," Wright said.

VICA is part of an international vocational and industrial training organization. Competition begins with the regional competitions then advances to state, national, and finally, international levels. Contestants are required to win gold medals before they can advance to higher level competitions.

The Acalanes team won eight gold medals at the competition, with two other members qualifying for state without receiving a medal. Ten members will progress to the state competition at Riverside in April.

Juniors Tim Coakley, Steven Jones, and Thomas Kuo, who happened to be the only competitors in the Architectural CAD section, all won gold medals, which qualify them for Riverside. "We all had to do the same level of work for all of us to get gold medals," said Jones. Jones said that his section's competition consisted of designing an addition to a house.

Although some Acalanes students competed in a category with no other competitors, a new VICA rule cites that they still have to meet gold medal standards in order to receive the award. Single entrant categories do not necessarily guarantee a gold medal.

Wright believes VICA and the competition experience build self-confidence and "strengthen morale and persona." "When I come back from a competition, I'm pumped. I've met all of these people who have the same interests as me and who have the desire to succeed; there is just positive energy," said Wright.

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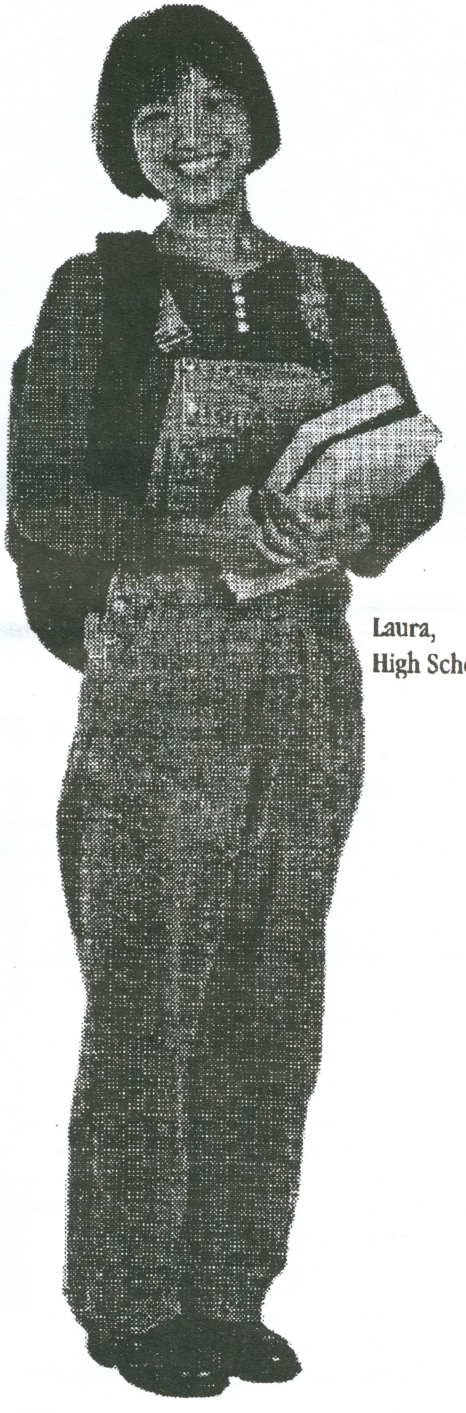

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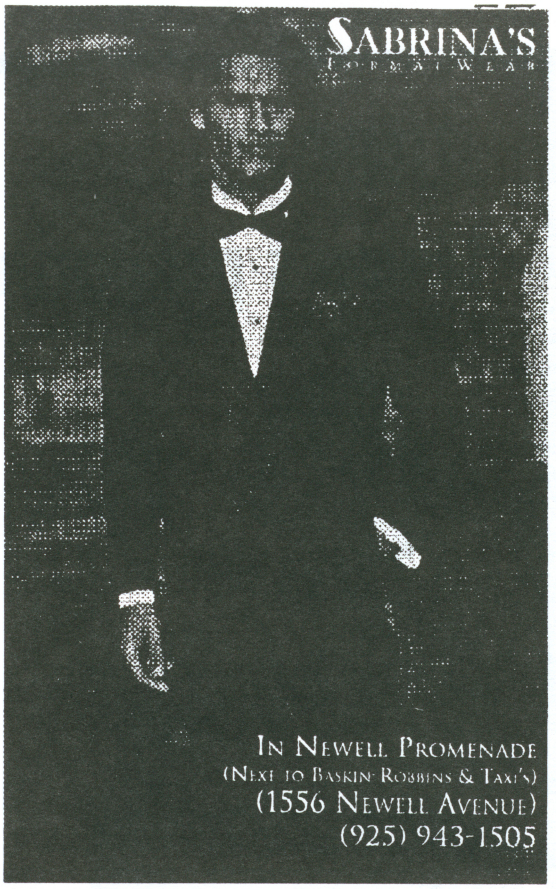

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VIRTUAL HIGH SCHOOL NEW AND UNIQUE
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MOCK TRIAL

Mock Trial Wins County Competition

By Julie Zorn
Co-Editor-in-Chief

Eighteen year old Sean Brunetti from Millard High School had consumed over a case of alcohol, passed out on the ground, and awoke to find himself faced with his cousin's death, an old high school rival's death, and the blame on his shoulders.

About a year later, Brunetti sat at the defense table awaiting charges of murder, conspiracy to commit murder and unlawful possession of a weapon.

His defense team appeared confident that the charges wouldn't stick as the trial began, yet there was still a "level of intensity and concern," according to Judge Ellen James.

Welcome to the world of Mock Trial. The cases are real enough, but fortunately, because it's a way to learn about the law and play act in a real courtroom, the consequences run far less than incarceration.

Seniors Mike Pinkel, Sarah Grenfell, and junior Sumi Kim vigorously defended their client as tales surfaced of hunting rifles, AK-47's, shooting ranges, jealousy, rivalry, expulsion, and parties.

Monte Vista High School and Acalanes High School were consumed in such scandal during the Contra Costa County Mock Trial competition on Feb. 25.

Pre-trial arguments were presented first about the right to bear arms. Senior Jason Leith defended firearm possession. He pulled arguments from the first amendment, the second amendment, the fourteenth amendment, and the Federalist Papers. Judge James, a real superior court judge, questioned both sides and determined that right is reserved for the militia.

After winning the pre-trial argument, the prosecution team from Monte Vista presented their side of the case, bringing to the stand the fictional principal from Millard High, the dead cousin's friend Katy Johnson, Detective Payton Tran (who was the lead officer in the case), and the cousin's mother.

"I think that we did our best....we improved a lot," said Alexis Donahue from the Monte Vista team.

Blueprint Illustration/Thomas Kuo

Senior Mike Pinkel and junior Sumi Kim receive comments from local attorneys and a retired judge after the Mock Trial county competition.

Pinkel "has a very going-for-blood way of asking his questions and...it was hard to believe that he was in high school."

The defense now had the chance to present their side of the story. Seniors Melanie Olsen, Betsy Schrey, and junior Jessica Drevno came to the stand, defending Brunetti (played by junior Darrel Wong).

Closing arguments came as the final chance for both sides to present their cases. At this point it became hard to tell that this was a *mock* trial as Acalanes' closing attorney (Pinkel) and his Monte Vista counterpart (Megrina Subramanian) sounded like veteran attorneys. For example, Judge James said that Pinkel "had a very going-for-blood way of asking his questions and that it was hard to believe that he was in high school."

When the trial concluded, Judge James found the defendant not guilty of murder and conspiracy to commit murder, but guilty of possession of an unlawful firearm.

Both teams had to wait anxiously through about an hour of constructive criticism before hearing the results – Acalanes was the winner for the second year in a row and would go on to state competition in Riverside at the end of March.

The AHS teams for both prosecution and defense include seniors Dana Bochte, Ann Bordetsky, Simone George, Grenfell, Michelle Hume, Leith, Audrey Lin, Olsen, Mark Philpot, Pinkel, Schrey, Jeff Yuen and juniors Drevno, Kim, Murray, and Wong.

"I think that we will meet our expectations, but I don't know if we will meet the expectations of the judges," said George in reference to last year's controversial scoring decision which awarded Acalanes' opponents the state victory.

MODEL UN

Model UN Dominates Recent Conference

By Hiro Kagiyama
Staff Writer

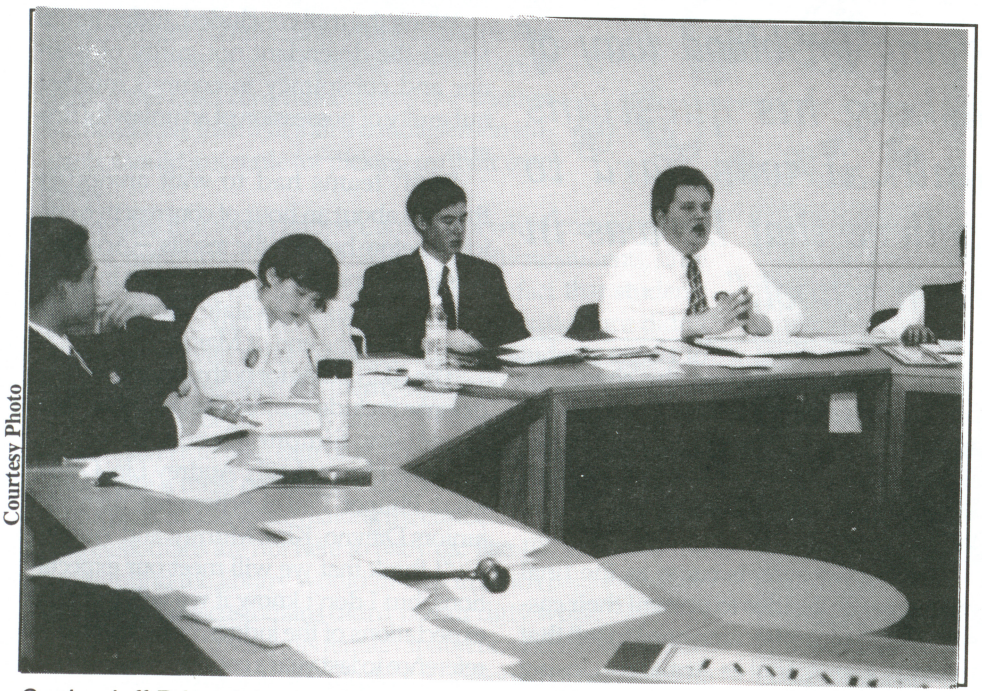
"Order, Order!" yelled the chairman, as delegates from around the world began shouting to make themselves heard by any means possible. Papers holding resolutions that might solve the problems of the environment, refugees, and disarmament were meticulously torn apart by those who opposed it, while those who sponsored it desperately tried to save it under the constant threat of nuclear war.

These are not real delegates from the world's nations, but high school students, who for a 12-hour period, attempted to solve the problems of an increasingly complex world. The Model United Nations club consists of around 60 freshmen, sophomores, juniors and seniors and is a huge revival from last year when only about 30 people were involved in the club.

Courtesy Photo

Senior Jason Leith addresses his peer delegates at the recent Contra Costa Conference of Model UN. Leith was awarded the distinction of rappeteur for his convincing arguments.

The club returned to Acalanes with five of the nine gavel awards given to Mike Pinkel, Jason Leith, Navdeep Sekhon, Vijay Sekhon, and Jeff Yuen. Also delegates from Acalanes received many honorable mentions in almost every committee. There were eight committees in which students were involved, including a security council which dealt with new and urgent problems, a general assembly which dealt with land mines and Antarctica, a UN environmental committee, an economic and social council, a committee on civil wars, a committee on terrorism, a committee on disarmament and a world court which dealt with war crimes in Bosnia.



Courtesy Photo

Senior Jeff Price debates the importance of a committee resolution while seniors Yingying Chi and Jason Leith look on.

Everyone who is a part of Model UN seems to have something good to say about it like sophomore John Wurzel who said, "Model UN is probably one of the best clubs available to students at Acalanes because it involves debate, problem solving, and hanging out with your friends."

Probably the most avid supporter of MUN is AP European and AP Government teacher Ramsay Thomas who heads the club. He said, "Model UN is probably one of the neatest things that kids on campus do... it's clear that when kids go to these conferences they know what they are talking about. They are learning to talk to other people, how to run committees, and that is pretty good stuff. So yeah Acalanes."

So with these rave reviews it is quite obvious the Acalanes Model UN is something that is here to stay.

ACADEMIC DECATHALON

Academic Athletes Make Proud Finish

By Lexi Matsui
Staff writer

Three months worth of hard work went into preparation for the California Academic Decathlon held on Saturday, February 6. The result? An honorable fourth place finish in the county competition.

Acalanes proved to be well represented by a devoted team. Senior Yingying Chi was one of a few gold medalists. Bronze medalist senior Lindsay Lieberman and other students that received honorable mentions helped Acalanes achieve a respected fourth out of the 16 teams competing.

Miramonte won the county competition, Campolindo placed second, and De La Salle came in third. While Acalanes did not do as well as in previous years, Lieberman and junior Sam Lindsey agree that the team was strong considering it was made up of mostly new members. "Last year it was mostly veteran seniors," Lieberman said.

The competition consisted of a timed 50 minute essay and an interview on the following day. At the county competition, students took six written tests including economics, mathematics, literature, opera, art, and social science. They also gave two speeches, one prepared and one impromptu, for which they had a minute to study.

Besides academic training, some of the students' individual interests helped them in these categories. Junior Sabrina Gaber said that the opera category was the easiest for her. "Music was the easiest because I'm a musician." However, Lindsey said that the economic section was most difficult for him because he "didn't have much background in it, and it was pretty in-depth."

Next, it was time to test the students' knowledge of the organ that was being put to work so hard in the "Super Quiz." The "Super Quiz" is a five question quiz which follows the six the written tests. When it came down to it, students who did well on the "Super Quiz" were those who had studied the brain in depth outside of the Academic Decathlon training. Lieberman said the category was easier for her because she had recently studied the brain in Gordon Finn's physiology class.

Courtesy Photo

The Academic Decathalon team takes a break from one of their intense cram sessions where the team learned about a variety of topics.

Y&G Makes Their 'Point' at State Conference

By Peter Deng
Staff Writer

While learning about California government, the Acalanes Youth and Government delegation passed a bill regarding needle exchange during the Sacramento Conference February 11 through 15.

Each delegation could propose one bill to the model government and the Acalanes bill called for the State Health Department to set up a needle exchange program. The bill went on to be signed by the youth governor.

"I spoke on the bill and tried to convince it to be passed," said senior Matt Blits referring to his actions on the Committee, the first stage of the Sacramento Conference.

The bill passed unanimously through the Committee and went on to the Senate. The needle exchange bill was almost passed unanimously through the Senate and went on to be signed by the Youth Governor.

The bill "will be sent on to the state government," said Blits. "It will be redrafted and considered to be put on the legislation."

During T&E 1 (Training and Elections One) and T&E 2, conferences preceding the Sacramento Conference, junior Tracy On was elected the Chief Clerk of the Assembly.

"What I did was organize the bills, organize the docket, read the enacting clause, and make sure the bills went where they were supposed to go," said On.

On campaigned throughout California by submitting letters and giving speeches. During T&E 1, she passed out buttons, pens, and spoke at the candidate sessions. On won the majority of 2,000 votes and was put into office during T&E 1.

The program is not all work. "It's almost like a five-day party," exclaimed senior Chrissy Chandler, referring to the Sacramento Conference. "One night, they turned the ballroom into an inflatable playground," adds Tracy On. "Astrojump, inflatable sumo-wrestling, and Velcro walls."

Governor Gray Davis was among the speakers at the Sacramento Conference.

CLOSE-UP

Students See Washington Elite Up Close

By Teressa Wickham
Staff Writer

From January 23-30, Acalanes students went to Washington D.C on the Close-Up trip.

While there, they stayed in a hotel and had a day packed with fun from 7am-11pm. The students were able to see the capital, monuments, historical areas, museums, and meet many famous people.

At the end of each day, meetings were held at the hotel, work shops were put on, and people from the national defense and other high places came to speak. The students were capable of discussing what they had learned during the day.

The group met local Representative Ellen Tauscher on the steps of the capitol building. They discussed many issues relevant to residents of our community, according to senior Amber Ward. Tauscher discussed her political stance, as a Democrat, married to a Republican, elected by a fairly conservative district.

According to senior Luke Peterson, he was able to play elevator boy for half an hour in the Senate building. "Under ground from the House to the Senate, there is a subway. We tried to get into the impeachment trial. I went up into the Senate building and into the senator elevator and posed as an elevator boy, trying to get a VIP pass. I did it for a half and hour, and saw a bunch of senators." Peterson didn't get in.

Senior Mollie Russell says that she enjoyed meeting Ellen Tauscher, but her most favorite part was the Vietnam memorial. "[It] was really sad. I saw relatives names that I didn't know were in the war. It was a total culture shock," she said.

Senior Spencer Dean had another extraordinary moment when he met 97 year-old senior Senator Strom Thurman while Thurman was brushing his teeth with a yellow toothbrush in the bathroom. "I was in D.C, and we were in the rotunda, it was open to the public. Dan Lynch saw Thurman and we followed him into the bathroom. I shook his hand. He had a really hard grip for a 97 year old."

Senior Spencer Dean poses with Senator Pro Tempore Strom Thurman (R-South Carolina), whom Dean met in the bathroom of the Capitol building.

The group saw many of the memorials, as well as the Holocaust Museum and many of the Smithsonians on the Mall.

Ward found the Holocaust museum to be very "sad, dark and depressing, it gave up a good perception of what the holocaust was actually like."

It was an experience they would all remember.

INSIDE . . . . . .

How should Acalanes keep its campus clean?
pg. 18

CHAT WITH CHUCK

Sorry Jerry Falwell, Time For Tolerance

By Charlie Eaton
Co-Editor-in-Chief

Blueprint Illustration/Noel Fahden

Think back to those innocent years in elementary school. Remember sitting in the cafeteria for lunch? You gave your friend one of your Kit Kats half way through. And at the end of lunch you took it back because you were still hungry. Your friend called you an "Indian Giver." You thought nothing of it and smeared most of the chocolate bar on your face in a futile attempt to eat it.

Well now it's time to think about it. The term "Indian Giver" is used carelessly and naively by our community's youth in reference to a person who gives a gift and then takes it back. It's time to teach kids what this ridiculous racial slur and the many others subverted into our casual speech mean and eradicate them.

The problem could be fixed easily among our youth if we gave them a better term to replace "Indian Giver." I support "Anglo Giver." After all, it was the noble Europeans that signed treaty after treaty promising to respect the Native Americans' land and then took the treaties back, tore them up, and wiped their bums with them.

But then, the land belonged to the natives in the first place. So I guess we're "Anglo Takers." Yes, the noble thieves who stole North America from its rightful owners, got rich off it, and moved on to the rest of the world. Let me remind you that the theft is still being completed. The oil that Chevron, Shell, and Texaco pump out of Nigeria belonged to the Nigerian people before, not the corporations' puppet dictator who forwards oil revenues into his personal Swiss bank account. Yes, "Anglo Takers" we are and "Anglo Keepers" as well.

The saddest part is that we celebrate our fantastic crime every year with an homage to genocide and imperialism called "Columbus Day." Maybe we should create a "Trail of Tears Day" too. You can never sell enough Hallmark Cards.

Meanwhile, many of the nation's right wing religious leaders aren't quite promoting tolerance. Sadly, as we turn a blind eye to intolerant precedents, some leaders are going a step further to again inject prejudice into the innocent realm of childhood.

Jerry Falwell, a southern televangelist, has taken the lead in America's cult of the intolerant. Falwell scapegoats homosexuals as a cause for America's moral decline. Recently, the astute Falwell warned his congregations that Tinky Winky, a children's TV show puppet, is indoctrinating our youth by promoting the gay life-style. Falwell revelation came after he noted that Tinky Winky is purple, the gay pride color, and has a triangle, the gay pride shape, on his forehead.

After hearing this much appreciated, enlightened commentary, I developed my own hypothesis. All geometry teachers who ever wear purple and focus on triangles must be homosexuals trying to encourage students to embrace the gay life-style.

It's no wonder that our children use such awful slang as "Indian Giver." Our "moral" leaders conclude that people are evil because of their sexual orientation. And our nation annually celebrates the birth of a man who enslaved indigenous Americans, robbed Caribbean nations, and triggered one of the greatest genocide campaigns in history. It makes us seem a bunch of jingoistic bigots. Celebrating Columbus Day here is like celebrating Hitler day in Germany or Pol Pot day in Cambodia. But in America it's just another excuse for a parade and shopping.

At least the major retailers give Native Americans a break with Columbus Day sales. Though after 500 years of oppression, they may be entitled to more than 15% off.

So Acalanes. Let's take the lead and roll back this tide of intolerance by becoming conscious of prejudice in our language, our heritage, and our contemporary culture.

EDITORIAL FOCUS

Always Look For the Dictator's Label

By Charlie Eaton
Co-Editor-in-Chief

While pundits talk about exporting democracy to other nations, the U.S. has been doing quite the opposite. Every day, our corporations continue to set up shops in undemocratic countries and support their dictatorial governments.

Why do U.S. corporations choose to go against the American way? The answer is simple: they value profits more than lives. Many of those dictatorships possess cheap, unprotected labor which allows U.S. corporations to reap an ungodly profit margin.

Who can stop this awful practice? You and I.

Every day, people in the US cast a vote. We vote for a corporation's business practices every time we buy a product. For example, when you buy a product from the Gap, you are voting for indentured slave labor and devastating deforestation.

If we want corporations to respect human rights, the environment, and labor standards, we must start voting for corporations who do just that and reject the products of corporations who don't. With that kind of organized effort, Americans could revitalize corporate ethics.

Such organized efforts proved themselves successful in a collective campaign against Nike. Lawsuits, opposition from consumer advocates, a devastating denunciation of Nike in Michael Moore's movie, The Big One, and a widespread boycott against Nike forced the corporation to improve its practices oversees.

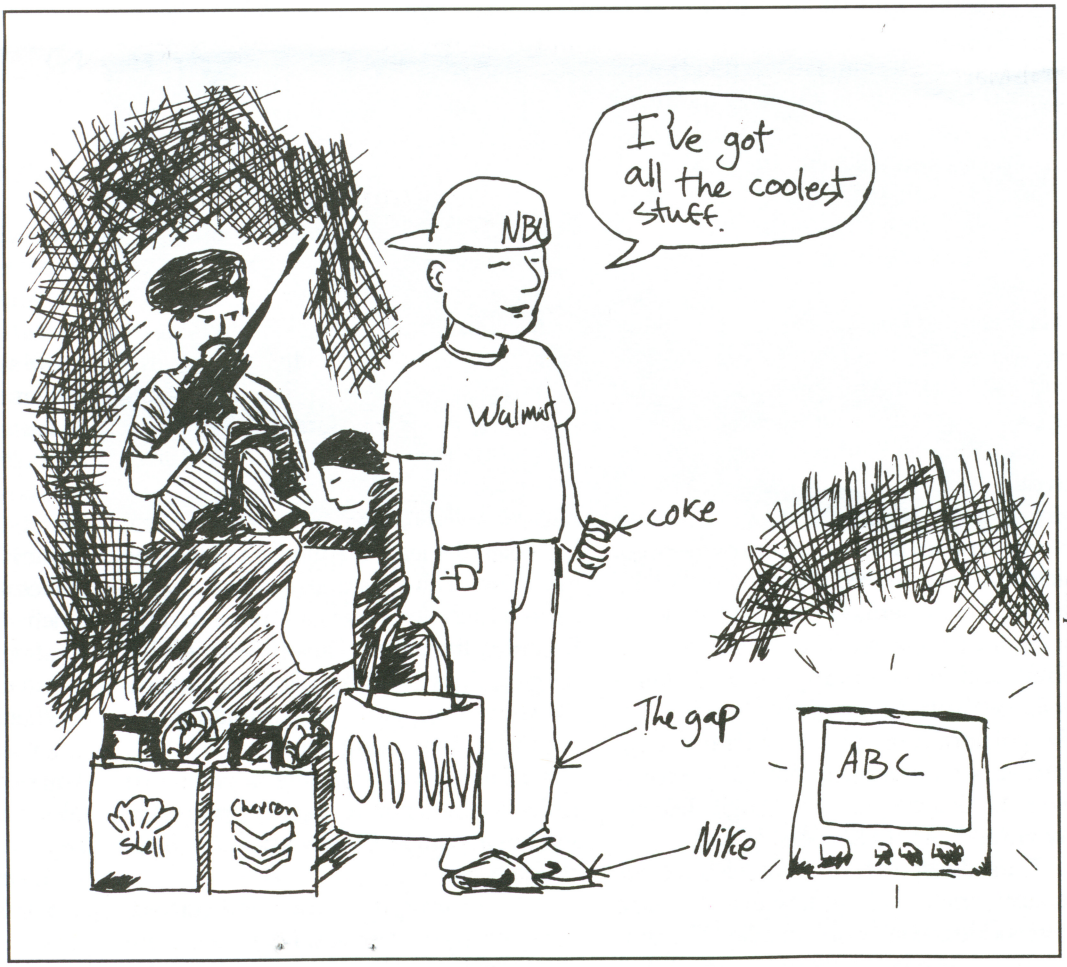
On May 11, 1998, Phil Knight, Nike's CEO and Chairman, promised to end Nike's use of child labor, embrace U.S. health and safety standards in its factories, and allow non-governmental organizations (NGOs) to monitor its foreign factories. And Nike has not been all talk. Knight has increased Nike's base salary in Indonesia by 43% this year alone and raised the hiring age in factories to 18. Nike formerly hired workers as young as 14.

Nevertheless, Nike still has a long way to go. In Indonesia, the cost of living remains 36% higher than Nike's base salary according to Global Exchange, a local nonprofit human rights organization. And Nike has worked to soften the standards of an anti-sweatshop treaty facilitated by the Whitehouse.

Like Nike the following corporations have a long way to go. And many alternatives to their products are available.

Garments

Scumbags: One of Lafayette's favorite clothing companies, The Gap, is allegedly guilty of both environmental degradation and labor violations. According to an ABC report, Gap has for many years contracted sweat shops in Saipan and China. In addition, The Gap, along with Old Navy and Banana Republic, is controlled by the Fischer family which operates a logging company in Northern California. That logging company is allegedly responsible for irresponsible clear cutting. Most recently, workers employed by Saipan's clothing contractors have filed lawsuits against The Gap and several other clothing companies for violating labor laws on the U.S. commonwealth island of Saipan. According to the lawsuit,



Blueprint Illustration/Thomas Wille

EDITORIAL FOCUS

contractors employed by the Gap confined workers seven to a room in barracks surrounded by inward pointing barbed-wire preventing the workers from escaping while they worked their way out of indentured servitude.

Other Guilty Parties: Guess?, Tommy Hilfiger, J. Crew, Gymboree.

Preferred Companies: Levi's, Russell Athletic, anything made in the U.S., Western Europe, or countries with strong labor protections.

Retailers

Scumbags: Wal-Mart has lied to the American people time after time, saying that they retail American goods whenever possible. Their actual policy is to buy American "whenever pricing is comparable to goods made offshore." Of course, prices are never comparable in America because we do not employ starving 12 year old children at six cents an hour. According to *Dateline* in 1992, nine-to-12 year old children in Bangladesh worked past midnight sewing Wal-Mart shirts for five cents an hour and were beaten if they made mistakes. According to the National Labor Committee, Wal-Mart continues to make Kathie Lee handbags in China paying women $3.44 for a 70 hour work week. And the list of offenses goes on and on.

Other Guilty Parties: Nordstrom, Sears, May Co.

Preferred Companies: Anyone is better than Wal-Mart.

Oil

Scumbags: Shell and Chevron have propped up a brutal Nigerian dictatorship for nearly two decades. Recently, Chevron has been exposed for allegedly helping facilitate the killings of several nonviolent activists. Mobil allegedly lent its equipment to the Indonesian government for digging mass graves for genocide victims. And we've all heard about Tosco. Does your car run on oil or blood?

Other Guilty Parties: All oil companies are guilty, some less than others.

The Lesser of Two Evils: Exxon (despite its drunk ship captains)

Entertainment & Media

Scumbags: Disney and its lapdog, ABC, are serious offenders. While Disney's CEO and Chairman, Michael Eisner, made $97,000 an hour last year (think about that amount of money for a moment), Disney paid its garment workers in Burma 2-3 cents an hour according to Corpwatch, a nonprofit organization that monitors abusive corporations. A sweatshop raid near LA also uncovered a 12 year old girl assembling Disney clothes, according to Corpwatch. Disney teamed up with McDonald's to manufacture those cute little happy meal toys in Vietnam at six cents an hour. Makes that happy meal hamburger taste like human flesh. NBC has also sold its soul to the corporate devil. During the Gulf War, NBC turned a blind eye to war crimes committed by the U.S. in Iraq because the U.S. was using some weapons made by GE, the world's largest corporation which happens to own NBC. NBC also has intentionally ignored human rights abuses in China because of GE's investments there.

Other Guilty Parties: ABC (owned by Disney), FOX

Preferred Companies: Alternative media and entertainment like Pacifica Radio, National Public Radio, and PBS.

Food & Beverages

Scumbags: Coca-cola who has convinced indigenous Mayan communities that Coke is part of their religion. Consequently, desperately poor families devote their sparse earnings to buying Coca-Cola. Nestle and International Paper should also be blacklisted because they pressured the Mexican government to repress indigenous movements and remove property protections in Chiapas, Mexico, so that the companies could exploit the environment and the populace there. International Paper makes packaging for almost everything, especially milk carton/like containers. Be watchful.

Other Guilty Parties: Starbucks, Chiquita Banana.

Preferred Companies: 7up/Dr. Pepper Company, Hersheys, independent beverage makers like Sobe.

LETTERS TO THE EDITOR

Clarifications On Chevron's Role in the Killing of Unarmed Nigerians

Dear Editor,

Some clarifications need to made regarding your recent article about the Amnesty International Protest of the Chevron Corporation.

There was some question as to whether or not the protestors on the Parabe oil platform were armed. In Chevron's own report, first issued by Sola Omole, a PR rep. for Chevron, it was stated specifically that the protesters were unarmed. As you reported, Chevron later renounced this, saying that English was not Mr. Omole's first language and he did not understand the full meaning of unarmed. If this is true, why did the director of Chevron's operations in Nigeria, Mr. George L. Kirkland, who's first language is English, write an eight page letter to Human Rights Watch trying to justify the event and not once mention that the protestors had weapons of any kind? Any reports that the protesters were armed are contradicted by both of these reports issued by Chevron itself.

The second detail that was ommited from your article is that the helicopters that were used to transport the Nigerian military to the rig where they shot and killed unarmed protesters were leased by Chevron and flown by Chevron' pilots. This is also admitted by Chevron. So my question is how can Chevron willingly fly these thugs around in their own helicopters making themselves an accomplice to killing? The killing of unarmed civilians by any corporation or providing aid to anyone that does cannot be condoned or overlooked. Hopefully, the attention generated by the protest will encourage Chevron to keep itself out of these murky situations in the future.

Mathew Blits
AI Public Relations Representative

PRO/CON

Picking Up Trash to the Sound of Music

Can the music reminder curb Acalanes' litter problem?

By Ann Bordetsky
Staff Writer

I admit it. The music for the lunch trash pickup isn't exactly what a typical Acalanes student would listen to while cruising on the freeway or at any other time for that matter. It's not even close. However at Acalanes, that's how far one has to go in order to get students' attention. It's hard enough getting students to participate during a rally, let alone at the end of lunch when students are savoring their last few moments of freedom. Fliers, videos, and speeches haven't motivated Acalanes litterbugs to clean up. Playing tasteless music may not motivate them either, but it's a way of getting their attention.

Besides, the problem is not the tacky music but the apathy of the student body. If anyone was really annoyed with the current trash pickup campaign, they could join the committee and come up with a better alternative. I'm sure no one would object to playing better music if it motivated students to clean up and not sit idly at the end of lunch listening to music. The truth is, however, students aren't exactly breaking down doors to get into committee meetings. The fact that the trash committee is mainly composed of teachers, not students, is pathetic. Most students don't seem to care about the campus, but if they're not willing to suggest alternatives, they have no right complaining about someone else making the effort to get people to clean up. If joining the trash committee seems like another big headache, then that's all the more reason students should just settle for picking up their own trash.

I realize that won't happen, and that's why I commend the trash committee for doing something to motivate students, since even leadership has failed to do that. The fact that students pretend they could live with the trash if the custodians didn't pick it up is even more pathetic. Acalanes students expect to have everything done for them, especially the trash cleanup. REALITY CHECK! This is our school, and it is the students' responsibility to take care of it, not the custodians', who have enough of a mess on their hands cleaning up classrooms and bathrooms. Students are making the custodians' jobs a lot harder and custodians are not here to baby us. The 100's hall and the area around the library would drown in lunch bags and mangled fruit if the custodians didn't do our dirty work.

Bottom line, if students remain apathetic, and the trash committee does away with the music, it is obvious that nothing will change. And this time, there will be a harsher punishment, like cutting time out of break. So listen to the music. It is our trash.

By Reed Miller
Staff Writer

Trash. It seems to be everywhere. Here at Acalanes, one might glance at the campus after lunch and mistake it for a new landfill. The school's recent program to clean up the trash has consisted merely of playing somewhat strange and annoying music a few minutes before the end of lunch, which is supposed to motivate the student body to clean up their mess. This is not enough motivation to get the students to take action.

First of all, students should be proud of our campus and respect it. To all of you in the student body who don't care: I feel sorry that you do not think otherwise. Students should not need some bizarre music to get them to pick up their trash. Students should want to keep their campus clean for their own good. Let me put it this way. If everyone just left their trash where they ate, students would not be able to walk between the library and the 200's hall or anywhere in the quad.

It's fair to say leadership has tried to come up with a good idea for cleaning up the campus, but there are other more appealing options. Students are always looking for ways to get their community service requirements fulfilled. One way to do so is by picking up trash on campus for hours of service. The school should be publicizing this option more than it has. I had not even known that I could do so until only a short time ago. The school could get cleaned up in a hurry if just thirty or so students wished to get community service out of their efforts. It would be a win-win situation: students receiving community service hours and a cleaner campus that all can enjoy.

If the school does wish to stick with its present trash cleanup program, it should at the very least change the type of music that is played. I would suggest music that is first of all liked, and secondly more inspiring. One suggestion that I have received on this subject is the theme music from "Mission: Impossible". The irony might just inspire some students to pick up their own mess.

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Bob Dylan Documentary Reviewed pg.20

CD REVIEW

Propagandhi: True to the Cause and the Sound

By Jeff Price
Staff Writer

Let me guess. You're young. You're hip. You like your music loud and aggressive. You're ready for some new music. Look no further than Canada's favorite leftists, Propagandhi. The aggressive strains of their newest album, *Where Quantity is Job #1*, will delight you no end and even send your dollars to a good cause, namely Propaghandi's sustained existence as a band and record label executives.

The story of *Quantity* begins when the members of Propagandhi realized that their independent record label, G-7 Welcoming Committee, was heavily in debt and in danger of being forced to declare bankruptcy. With few prospects for profit on the horizon, they decided to cut another Propaghandi album and release it quickly to keep their label afloat. *Quantity* is the result of their endeavors. It's 30 tracks of mixed live and studio recordings, all featuring only two things in common- the aggressively rough and toneless voice of the lead singer, alternately identified on Propagandhi's previous releases as "Pete" and "Jesus H. Chris" and the radically left-wing messages the songs all seem to contain.

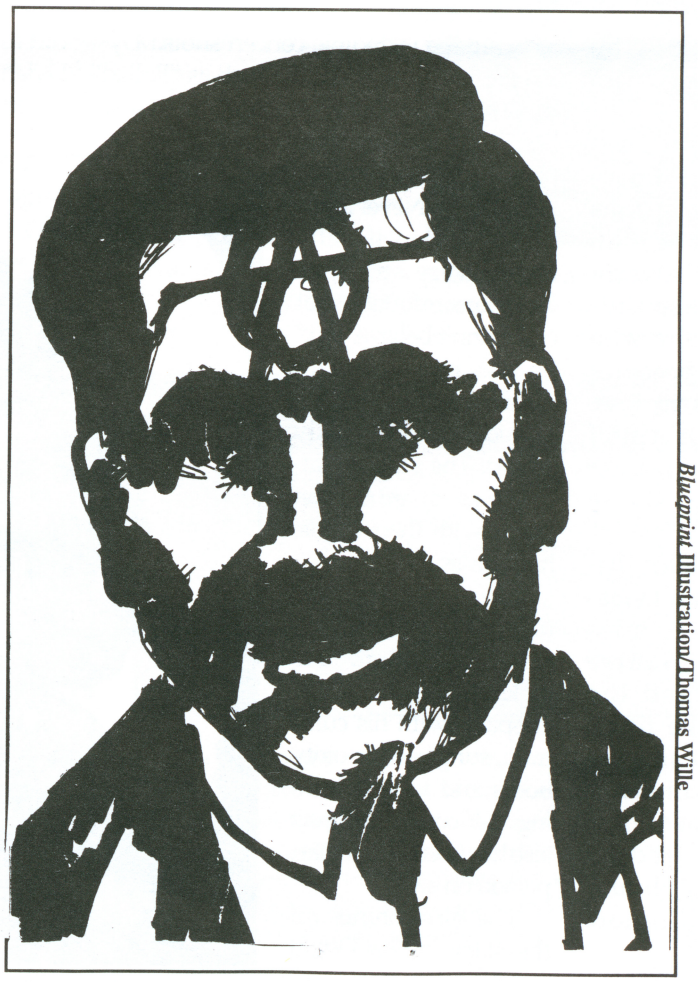
However, both of these qualities are easier to take in the context of the final package that Propagandhi puts together when they add the aggressively squalling guitars and the standard hard-core complement of brutally fast drumming. Oddly enough, for a political hard-core band, the songs are almost strangely catchy and melodic. They're the kind of tunes that make you want to jump into your imaginary mosh pit and beat your troubles into submission.

Several of the record's tracks are standouts, including most of the new studio material. Special commendation should go to the sixth track, "homophobes are just mad cuz they can't get laid," merely because of the title alone. More commendations are also in order for the live tracks, which contain enough between-song banter to show that the band isn't high-minded all of the time, or even most of it.

Perhaps the best part of *Quantity* is listening to Propagandhi's sense of humor. Before the song "White, Proud, and Stupid", they launch into a savage parody of Tom Petty's "Free Fallin'", complete with an angry new set of lyrics that mock young skinheads and their "dumb girlfriends". It calms the mind to know that the band takes their radical political views with at least a grain of salt.

However, the CD isn't completely perfect. Minor blemishes are unfortunately transparent. In addition, some of the tracks on *Quantity* are just that- filler. In particular, Leg-Hold Trap, a live Toothpick cover, is especially unsettling, with off-key and off-rhythm lyrics and a questionable (at best) rendition of the instrumental portion. However, for every time the band screws up, a hearty laugh, some profanity, and an "eh?" or two will restore your faith in them, or at least your faith in their sense of humor.

Quantity probably won't be your idea of a good time, especially if you care about melody, instrumentals, songs lasting anywhere over a few minutes (or even a few seconds), or anything else that defines a traditional rock band. However, the energy, intensity, and idealism that Propagandhi radiates will make you wish you'd never heard of the bilge that they play on FM radio, and instead will make you a convert to a Canadian export even more addictive than Canadian Bacon.



Blueprint Illustration/Thomas Wille

MOVIE REVIEWS

Dylan's Document Dutifully Documented

By Thomas Wille
Staff Writer

Rushmore

★ Rated R

I went into *Rushmore* really expecting to like it, alas no. Bill Murray, Yea! Black Comedy, Yea! Critical acclaim, Yea! Actual movie, Blah.

Rushmore has good acting with kids that are not annoying. The main character Max Fisher is portrayed in the perfect precocious manner. The other kids are also bizarre but convincing in such a weird world as the one Rushmore inhabits. Bill Murray is fine, but he doesn't do anything deserving of acclaim.

Rushmore is about an eccentric kid named Max Fisher. He attends Rushmore Academy and essentially runs all the school's functions, yet he is an outcast. Max falls in love with a teacher, becomes her friend and keeps hitting on her. A local millionaire who hates his life and kids also becomes Max's friend and also falls in love with the teacher, which sets up a brief feud. The way all these things are dealt with is very strange. *Rushmore* is a weird movie.

Rushmore seems to have a lot lifted from the early seventies cult classic, *Harold and Maude*. A mismatched love affair, a bizarre wounded prep schooler, and the black comedy all seem to be lifted from the funny little film. I suspect the two Cat Stevens songs in *Rushmore* are a direct homage to *Harold and Maude*, which was scored by Stevens, and therefore you should go see that cult classic and ignore this bland repeat.

Eat the Document

★★ Unrated

Picture this, a five member band playing in a dark British trade hall, bright lights and filtered camera producing a halo of light around the afro-like mop of hair belonging to the lead singer. Yet the crowd is angry. Through the smoky room you can hear the catcalls "turn it down," "sellout," "Judas!"

At its best, the documentary of Bob Dylan's 1966 tour of England, *Eat the Document*, unveils a pivotal moment in modern music history: Bob Dylan's defiant mixing of electric music and surrealist poetry.

The absolute best points of *Eat the Document* are the incredible concert shots. Dylan plows through classics such as "Ballad of A Thin Man," "Like A Rolling Stone," and an extremely electrified "I don't believe you (She acts Like We Never Have Met)" Dylan usually stands very still, and looks uncomfortable, but on "I don't believe you" he yells into the microphone and blares harmonica over the rowdy crowd. The Hawks (later The Band), are right on target with their classic hard blues.

The rest of the film features Dylan walking around London. He looks like he's from outer space, with his curly mop, sunglasses, pointy boots and velvet clothing. Of course, he may also have been the coolest person on earth.

The films shines off the stage, when Dylan plays backstage duets with Johnny Cash, and Robbie Robertson. There's even a short shot with John Lennon trying to cheer up our extremely stoned protagonist. Dylan was doing a fair amount of drugs at the time and the way he edited the film shows it (the film opens with a high Dylan laughing hysterically) The rest of the movie is a bunch of bizarre random images that really mean nothing, and will only interest hard-core Dylan fans. That is why this movie earned only two stars.

The making of *Eat the Document* is itself an interesting story. It was filmed for a 1966 ABC program, but was shelved for obvious reasons. It has remained a bootlegged film, but was finally released for a limited showing at the Roxie in San Francisco this February. It coincides with the release of Bob Dylan live 1966 "The Royal Albert Hall Concert," and it represents probably the greatest rock tour of all time. However, I can't see anyone who doesn't worship Bob Dylan, really enjoying the parts of the movie not on stage.

Blueprint Illustration/Thomas Wille

ACALANES BLUEPRINT
SPORTS

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Varsity Wrestling pg.27

GIRLS' SOCCER

2nd Place Lady Dons Finish Satisfied

By Teressa Wickham
Staff Writer

With grass stained shorts, muddy faces, and sweat-soaked hair, the Lady Dons walked off the field, for the last time this season, with a smiles on their faces and joy in their hearts. They took second overall in league.

"Overall the season was good offensively and defensively. We worked hard and it paid off by taking second in league," said sophomore Danielle Cooke.

In order to enter North Coast, the girls had to beat Benicia at home on Feb. 10. They did with a score of 1-0.

The girls dominated the entire game, and senior goalie Julie Cellini had three spectacular saves. The Lady Dons had 26 shots on goal, two of which went in.

Senior forward Beth Barbera came tearing down the field, maneuvering the ball between her feet. She outsmarted her defenders, blowing past them with ease. Charging the ball, she came to the top left-hand corner of the eighteen, and slammed the ball. It flew past the goalie's out-stretched hands and into the top right corner pocket of the goal in the 23rd minute.

In the 27th minute, Barbera pulled the exact same move again, only this time the referees called it off-sides, and the goal was erased.

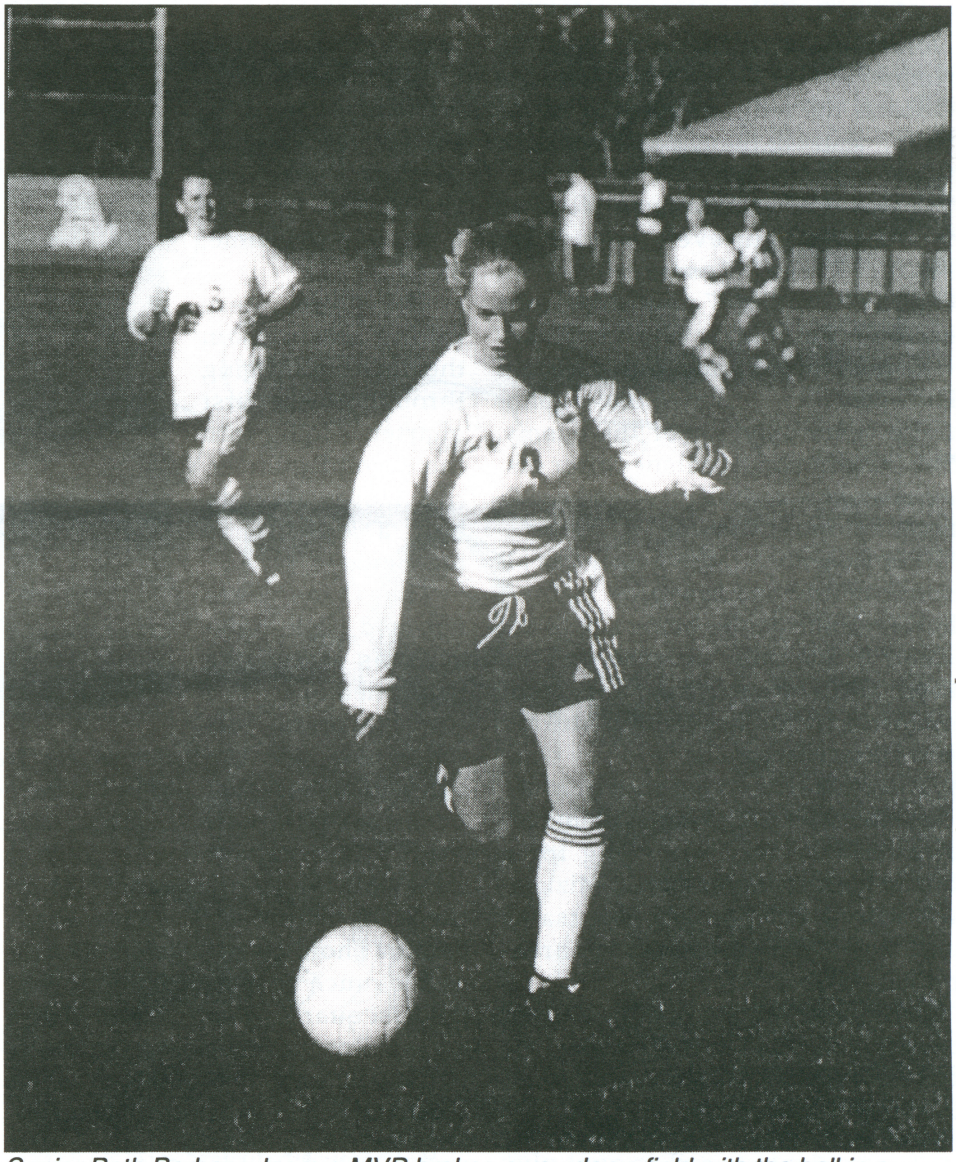
The Lady Dons entered North Coast happy to be there, and lost to Monte Vista 0-4, ending their season.

Monte Vista had fifteen shots on goal. One girl was responsible for three of the four Monte Vista goals. Acalanes, on the other hand, had nine shots on goal, with Cellini making five saves.

In the 13th minute of the first half, Monte Vista was left unmarked and ended up scoring in a corner kick. In the 27th minute, Monte Vista had a through ball in the middle, and their man happened to be unmarked in the middle.

In the 9th minute of the second half, Monte Vista scored after a skirmish in the middle of the middle of the field. In the 38th minute Monte Vista scored off a through ball, ending the score with 0-4.

"To lose the Monte Vista game was really hard but we tried both physically and mentally. We were just happy to get that far," said Cooke.



Blueprint Photo/Robyn Jones

Senior Beth Barbera, league MVP brakes away down field with the ball in a game against Benicia.

GIRLS' BASKETBALL

Campo Takes Revenge in 'Meaningless' Game

By Vanessa Totten
Co-Editor-In-Chief

Anybody who wanted to see the Dons play Campo knew to come early. The parking lot was full an hour before the Thursday, Feb. 11 game started. The bleachers were packed with energetic, victory-seeking students well before tip-off. The Dons did not dissapoint, beating Campo 57-41. This victory left the Dons as the only undefeated TCAL team, asuring them a bye in North Coast playoffs.

The victory was sweet for the whole team, but even sweeter for senior Rachel Rosemeyer, who claimed 17 of the 57 points the Dons scored. Rosemeyer had an atvantage most of the Lady Don's didn't: she spent her freshmen and sophomore years playing for the enemy. She transfered to Acalanes after disagreement with Cougars head coach Scott Espinosa-Brown.

For Rosemeyer, the game was all about "pride and bragging rights," however, she denies being key to the victory. She said "defense was the key," and she wasn't far off. Tight guarding by juniors Lauren Murray and Hillary Andersen held key Cougar Julie Morris to a dozen points.

Andersen played well offensivly and defensivly, accounting for a dozen points. Junior Corrie Mizusawa scored ten points. Mizusawa and Rosemeyer each made three-point goals.

This game helped the Dons to secure fourth place in the Times Girls Basketball Poll, which includes all East Bay high school.

The Lady Dons showed their on-court muscle on Friday, Feb. 19 in an away game at Las Lomas. The Dons dominated the entire game, beating the Knights 70-48. High scorers included sophomore Laura Fischer, who had 12 points and Mizusawa, who scored 21 points. Mizusawa scored two three-pointers and senior Megan Babcock scored one three-pointer.

The Dons faced Campo again in the TCAL championships Feb. 27, which coach Casey Rush called "meaningless" because the teams post-season standings "will be the same," which is fortunate because the Dons lost to Campo in overtime, 58-64.

The Dons were taking shots from the floor but missing throughout the first quarter. Going into the second quarter, the Dons already had a defecit to make up.

The Dons were not held back, however, as Mizusawa had it tied up with a few seconds left when she got the ball and sunk a shot from just past half court. This valiant effort left the Dons ahead 37-34 at the half, which was a lead they couldn't hold on to. They expended too much energy making up for the first quarter, according to Rosemeyer. Rosemeyer scored 16 points in the first half, two of which were scored to cheers of "traitor" from an angry Campo crowd. After the game Rosemeyer responded to the cheer with "if they want to stoop to that level, that's fine with me. It's pretty immature." The Dons took a big hit when Rosemeyer and Andersen fouled out. The fourth quarter ended in a tie, 56-56. Without Andersen and Rosemeyer, defense in overtime suffered. Campolindo 's Morris made six of the eight overtime winning points at the line.

Blueprint Photo/Julie Cellini

Junior Lisa Ovadia, who made All-League Second Team, drives to the hoop for a lay-up against Las Lomas.

The evening was not all bad for the girls. The league awarded seven Dons with all league honors. Mizusawa was named All-League MVP, Rosemeyer, Andersen and junior Murray were named First Team All-League and senior Babcock, sophomores Chelsea Duffaut and Fischer and junior Lisa Ovadia were named Second Team All-League.

The team played Las Lomas on Thursday, Feb. 25 in the TCAL playoffs, and won 65-34.

BOYS' BASKETBALL

Undefeated Dons Devastate Las Lomas

By Reed Miller
Staff Writer

The Acalanes Dons, 14-0 in league play, easily overcame the Las Lomas Knights 60-40 in their last regular season game, with seniors Brett Gingery and Eric Ramp leading the way with 16 and 11 points, respectively.

The game was moving along rather sluggishly until very late in the first half when Las Lomas scored six unanswered points in the last 45 seconds to pull within two at 23-21.

Coach Rob Collins said that the Dons were not playing their best. "We have a way of getting comfortable with average teams. But when we play somebody good, we're stimulated. I think that's the quality of a great team." Acalanes stepped up their play in the third and fourth quarters to put away the Knights. Their signature airtight defense came through and got them points off turnovers.

The Dons defense held Las Lomas to a mere 9 points in the fourth quarter, while Acalanes scored 24 points.

The Las Lomas head coach believed his team played well that night, despite the loss. "When you haven't won as much as you would have liked to, which we haven't, you look for reasons to get motivated."

The Acalanes Dons outmatched the Campolindo Cougars 63-42 in a key league match-up at home on Feb 11 in what seemed to turn into an Acalanes dunk contest late in the game.

Senior Justin Smith led all scorers with 14 points.

To start things off, it was the last home game of the season and the large gym was packed, so many spectators were turned away. Both teams came out showing strong defenses, which kept the score low, but the Dons out rebounded Campo throughout the game. The score was only 13-10 at the end of the first.

The game was one of the more physical match-ups that Acalanes has played thus far. Senior forward Ramp didn't think this presented too much of a problem for his team. "Physical teams don't really bother us because that's what our game is, ... we'll go against physical teams and we won't get intimidated by them."

Roger Curtis made two three-pointers late in the half to put Acalanes up by as much as 15 before Campo's #23 Mitch Enzweiller made a three to end the half to make it 29-17, Acalanes. Collins attributed part ofthe win to solid bench play by both Curtis and Terry Moore.

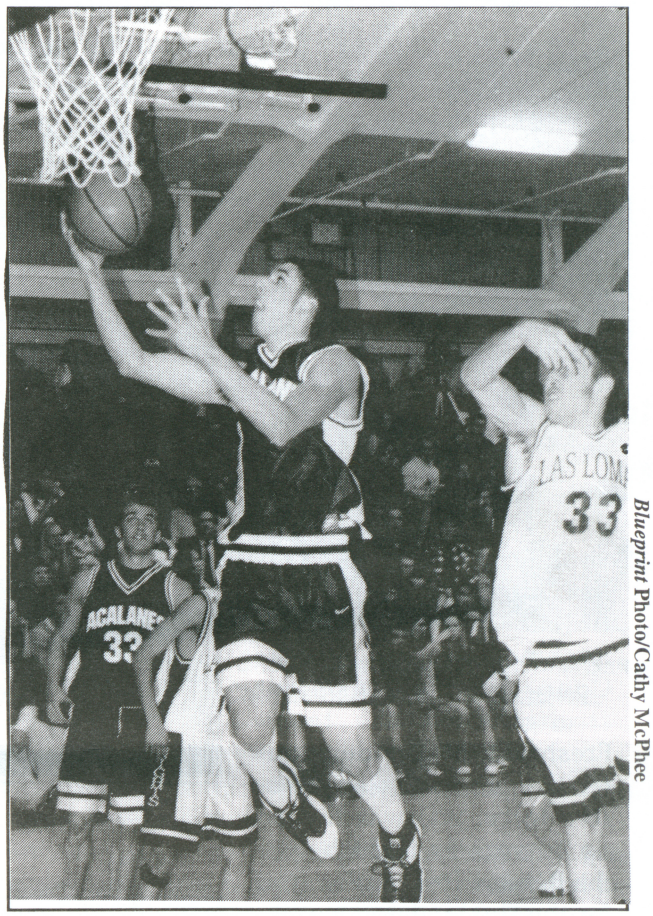
The Dons defense really stepped it up a notch in the third quarter, forcing Campo to make several bad passes, one of which resulted in a dunk by Ramp to put the Dons up by ten with just under 3:00 to go in the quarter. Campo would not go away. They stayed close thanks to the play of Enzweiller, only down 42-31 at the end of the third.

The Dons owned the fourth quarter. They took complete control of a game that was theirs for the taking. With seven minutes left, Ramp slashed through the defense for a lay-up. That was just the start.

On Campo's next possession, senior center Teichmann stole the ball near mid-court and drove for the dunk. A minute later, the shortest man on the court, senior guard Gingery, stole the ball and dunked it. Then with 4:30 left, Ramp stole the ball, dribbled down the court, and slammed it home in front of an Acalanes cheering section on its feet and screaming. The Dons went on to seal the victory at 63-42.

The Campolindo head coach did not think his team played to their potential. "Smart play can beat strength. Unfortunately we didn't play well."

Enzweiller felt the Dons had just outplayed them. "They have great depth. They're definitely the best team in the league, definitely the best team tonight, ...there's no let up when they substitute."



Blueprint Photo/Cathy McPhee

Senior C.J. Duffaut goes for a lay-up in the away victory at Las Lomas.

JV SPORTS

Junior Varsity Athletes Show Their Muscle

J.V. Teams Come Out On Top Of Their Game

By Marimikel Charrier
Staff Writer

Blueprint Photo/Robyn Jones

Sophomore junior varsity soccer player Lisa McCandless battles a Benicia player for control of the ball.

Girls Soccer

Through hail and ankle-high puddles, the J.V. Lady Dons soccer team had a killer 11-1 season. Hacking through the opposition with apparent ease, their only loss came against Benicia, and even then they fought hard, keeping it a close 2-1. Sophmore midfielder Lisa McCandless, freshman midfielder Mel Amano, and freshman forward Maggie Coor were consistent strengths on the team. Freshman midfielder Lauren Grega was also an offensive force. She was moved up to varsity right before the Benicia loss, and stayed for the final games.

This year "has been a learning experience" for both the players and the new coaching staff, consisting of Zach Machado and Lori "Bug" Giacinti, said Machado. Giacinti felt that "these players have improved so much" and "are a lot of fun". The team spent a lot of time planning team dinners and coordinating outfits for game day, including freshman humiliation day, on which all the freshmen had to wear pennies (bright practice jerseys). First year defender sophmore Erica Moehle said that "all the girls are really close." Junior defender Ingrid Kroopnick said, "practices were fun but they had intensity to them. Our whole team wanted to win so we practiced hard every day."

Girls Basketball

The Lady Dons brought pride to the school with their highly acceptable 11-2 record. Taking second, their toughest competition was Miramonte and Campolindo according to sophomore Katie Ramp. Other than those two teams, she found that the team was able to "get by pretty easily" when it came to the other competition and most of those games were won by 20 or more points.

To achieve this high ranking, the team had to suffer through a lot of liners (sprints) and tough, daily practices. "Ron (the coach) worked us really hard but it was for the best," said Ramp.

Though the coach, Ron Pangilinan, states that "there is no real standout (player)", he was appreciative of the strengths of junior guard Courtney Tysell, who made 88 points, sophomore guard Ramp (47 points then injured with a torn ACL in her knee for the last two weeks) and sophomore point guard Staci Hamaguchi (83 points). The teams success was largely due to the fact that they were a "very cohesive team" said Pangilinan, an attribute which can win a game even without a large amount of individual talent. The top rebounders were Kathleen Walsh, Kaylan Massie and Nikki Smith. The top stealers were Massie, Ramp and Smith. Throughout the season, "they have really matured as a team," said Pangilinan.

Boys Basketball

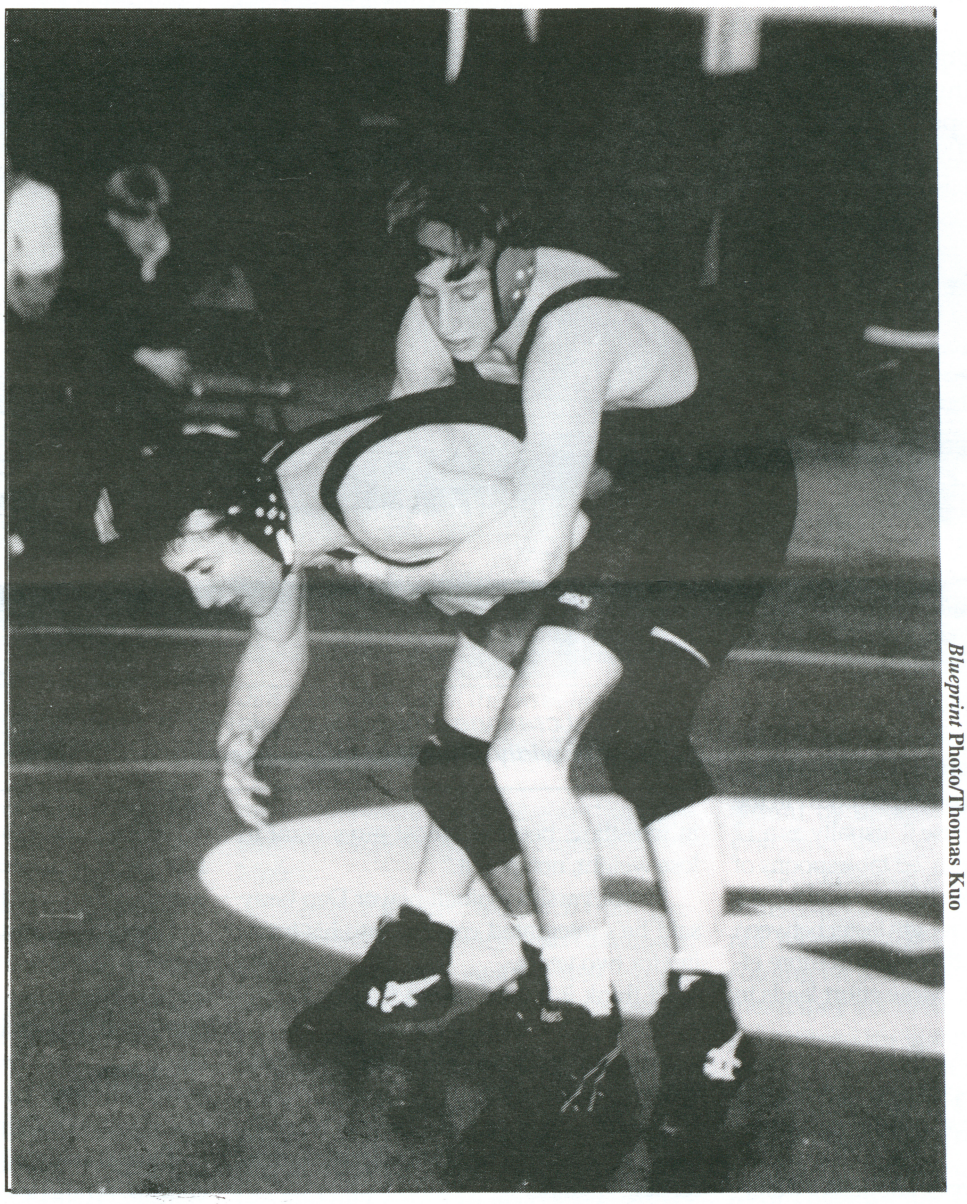
If you missed seeing the JV boys basketball team play, I'll tell you this much... they got game.

Junior player Grant Woods decribed the season as "probably the

JV SPORTS

best year we've had." Pushing themselves to the extreme, they managed to beat out what JV coach, Jeff Loving, deemed "good competition" and take first in league. Junior Adam Brush (forward) found the competition to be "weak, there were only a few hard teams." This first place team "met every challenge" and "always outworked everyone they played" said Loving. Their one defeat was against Hayward in overtime and most dedicated Acalanes fans and players agree that our boys should have won and gone undefeated.

The team has been decribed as "smart" and "intense" by Loving. There were no stars on the court but rather a group of solid players that know how to dominate a game. There practices were difficult but with "a lot of joking around" said Brush. They were "very hard workers" said Loving and it really paid off when they were handed the highest JV honor, the right to have all the other teams writhe under them in jealous agony.



Blueprint Photo/Thomas Kuo

Freshman Gabe Gulfus is an example of the success achieved by many talented Junior Varsity atheletes. Gulfus was moved up to the Varsity squad for some of the wrestling meets that occured late in the season.

WRESTLING

Due to the lack of senior and junior wrestlers on the varsity team, many good JV wrestlers, such as freshman Ryan Hall, found themselves grappling on the big team. Since all wrestlers were bumped up and down, JV Coach Cliff Blythe said, "I think of it all as one team ,and a couple left over." They would not usually be brought up to that level so fast, so Blythe was worried about "demoralizing" the wrestlers when they tangled with more experienced wrestlers. This was a big concern because they didn't want anyone to quit, decreasing the size of the team even more. When teams with exceptionally seasoned wrestlers such as Las Lomas threatened, the coach didn't risk devastating the younger wrestlers with quick losses and ran with just a smaller varsity roster.

Freshman Cassidy Lavorni and freshman Gabe Gulfus amazed even critical eyes when they wrestled. Lavorni thought the year was "really fun." Lavorni enjoyed how "the seniors and all the varsity wrestlers, like Scott (Siebert) took charge instead of the coaches." Lavorni found that in the beginning of the year that "overall, the other teams were way better than I was" but he excelled to become one of the top wrestlers in his wieght class. Senior Tomoko Roudebush was also a standout on JV. The two new female additions to the team, Freshman Emily Hoffburg and Freshman Emily Ferrel, have wrestled for their first year. So in the spirit of the Greco-Roman Titans of old, the Acalanes J.V. wrestling team fought hard and proved equal to the test. No official stats were kept on the team.

CREATINE

The Rise of Creatine...And Biceps

By Chris Vetek
Sports Editor

Creatine is creating much fervor on high school, college, and professional sports scenes today, and its popularity is only growing, despite small side-effects like cramping and dehydration.

Although like a drug, creatine is technically "a nutritional supplement, not a drug, because the Food and Drug Administration doesn't care about it as long as it is harmless," said St. Mary's College Athletic Trainer Scott Shaw.

Shaw said St. Mary's doesn't have exact figures, but his guess is that over half the football team, and many other athletes at St. Mary's, currently use creatine. He said football, baseball, and basketball athletes are more into it than others.

"Results do show it works," he said.

In the professional sports world, Orioles star Brady Anderson pioneered its use in 1991, and still promotes it. The Los Angeles Lakers put huge tubs of the powder in their training room. Olympic sprinters Linford Christie, Donovan Bailey, and Michael Johnson all publicly stated using creatine to help grow strong.

Creatine is not a steroid. Unlike steroids, creatine cannot help couch potatoes. In the weight room, people use it, usually as a 12 ounce drink made from 2-3 tablespoons of the powder, just before lifting weights. As a result, they recover strength faster between repetitions, allowing them to put more effort into working out. More effort leads to more muscle growth.

Several athletes at Acalanes use creatine, and they say their respective coaches have no real policy on its use, as long as no injuries occur.

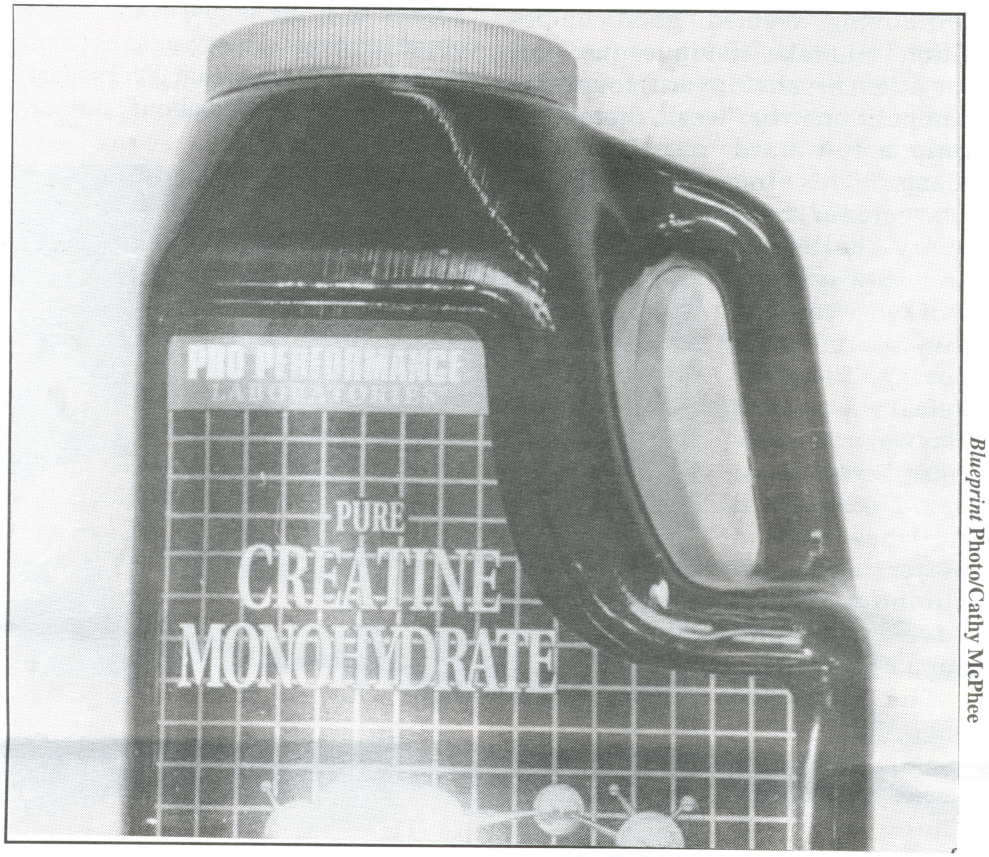
"Within the first week I noticed a difference," said senior Jake Zarah, starting center on varsity football.

Zarah said over ten guys on the team have used it at least once.

"I'm not sure how (coach Pat Smith) feels about it. He doesn't really have a stance," he said.

Junior wrestler Navid Nouri said the same about wrestling coach Jim Changaris.

Nouri said creatine is not really an issue in wrestling, because "most guys want to lose weight, not gain it."



Blueprint Photo/Cathy McPhee

A bottle of creatine powder is displayed in a health supplement store. The product is widly available to professional and high school athelets alike.

Senior varsity football player Dan Gray said he's integrated creatine into his training for two years.

"I think it would've made a big difference if I hadn't used it," he said.

Similarly to Zarah, Gray felt the effects in around two weeks.

Acalanes trainer Julie Everett recently attended a conference at U.C. Berkeley concerning creatine.

"The main thing they said was that lower doses over a long period, used consistently, are better than high doses used inconsistently," she said.

She said a lot of people have asked her about it, especially freshmen. "Students taking it won't notice a difference if they're freshmen, because they're still developing. Juniors and seniors are the ones who will notice," she said.

Everett and Shaw both said it will take a few years should any serious side-effects surface, just as it did for steroids in the 1970's.

Both Zarah and Gray, however, experienced small side-effects even after following strict guidelines. Zarah noticed muscle cramps in his legs in the second week, and stopped taking creatine after three weeks. Gray, who still takes creatine, has experienced periodic dehydration.

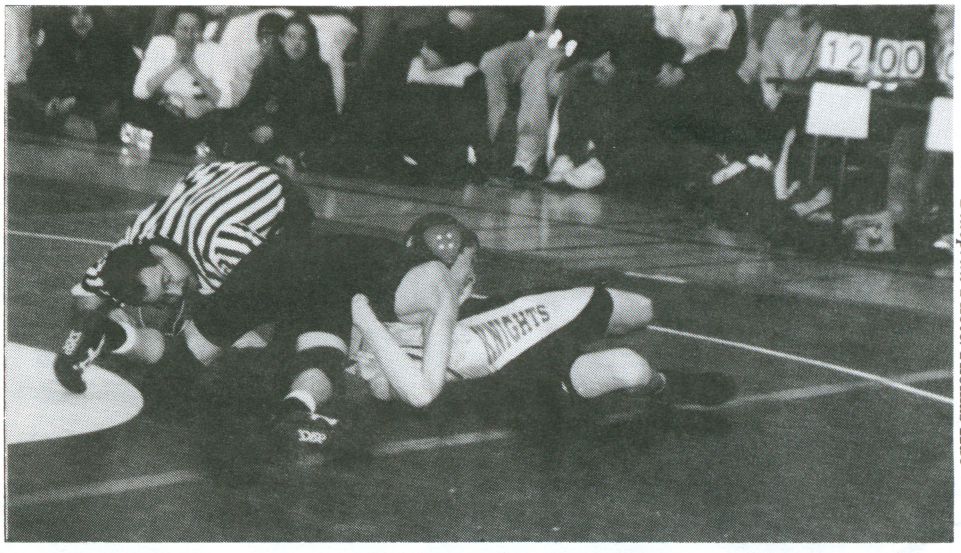
Everett said Cal football players experienced several side-effects, even injuries, after coaches gave them creatine. These effects included gastro-intestinal problems, cramping, heat exhaustion, and pulled hamstrings.

In the all-out race to build bulk among athletes everywhere, excluding distance runners, creatine seems to help, as of now. It is legal (for now), it is (mostly) safe, it's over-the-counter. Who knows the accuracy of this statement twenty years from now.

WRESTLING

Wrestlers Meet and Beat Season Expectations

By Myles Rush
Staff Writer



Blueprint Photo/Thomas Kuo

Senior varsity wrestler Sam Glickman pins an opponent from Las Lomas at the NCS tournament

Acalanes placed ninth out of twelve places at the TCAL tournament on Feb. 20, at Freedom High School, beating their expectations of placing eleventh by beating out Freedom, Dublin and Athenian.

Junior Jon Hill and senior Scott Seibert battled hard to become league champions. On the varsity level, Acalanes had three out of six teammates go to the tournament. The six varsity wrestlers were seniors Seibert and Sam Glickman and juniors Hill, Navid Nouri, Scott Wong and Josh Garrett. Out of those six varsity wrestlers, Seibert, Glickman and Hill placed. Seibert, who was seeded second at the 162 weight class, won his first two matches and in the semi-finals went up against a wrestler from Concord and won 10-5. In the finals Seibert wrestled Miramonte and pinned him in the second period with only four seconds to go. This made Seibert the TCAL champion for the 162 pound weight class, and is headed for the North Coast Section tournament.

"Scott is seeded fifth going against a kid that has beat him earlier this year, but Scott's a very tactful wrestler...it's not inconceivable that Scott could find himself in the semifinals," said Acalanes coach Jim Changaris.

Glickman beat his first two opponents, and in the semi-finals he matched up against and beat a wrestler from Albany 11-5. Glickman ended up in third place in the 121 pound weight class. A nice suprise came when Hill, who was seeded third and not expected to do well, proved people wrong and won the 173 pound weight class. He won in the semi-finals 6-5 against Campolindo. In the finals wrestled Greg Noce, who had beat him earlier in the year, 8-3. Our two league champions and third place winner won the right to go onto NCS.

"I asked Scott when was the last time Acalanes had two varsity league champions and he couldn't remember. That was neat," said Changaris.

Last year Acalanes sent three wrestlers to NCS, two seniors and one junior, and none moved past the first round.

Not only did Acalanes have three people place on the varsity level, Nouri won two matches and Wong, who had only wrestled one year, won his first match as a wrestler at Acalanes.

Not only did varsity come out and execute, but there were three league champions on the JV level. Freshman Steve McKinley in the 119 pound weight class beat a wrestler from Las Lomas in the final ten seconds of the match beating him 15-14. Freshman Gabe Golfus had a taste of sweet revenge pinning a Las Lomas wrestler who had beaten him earlier in the season, 45 seconds into the first period. The last winner was Matt Johnson who won the 189-pound weight class.

"It was kind of weird because all three of our league champions for JV ended up beating a kid from Las Lomas, and Las Lomas was the league champion in the varsity division. It was kind of unusual for one school to beat them three times," said Changaris.

Some wrestlers on the JV level didn't win, but still placed in the tournament. Freshman Ian Gordon for the 105-pound weight class tied for third place. Freshman Danny Ebert at 112 took sixth place, and was 3-2 at the end of the day. Freshmen Andy Hill and Willy Wong took fourth and sixth places resepctively. Freshman Brett Woodruff hurt his ankle and ended up in sixth. The JV, just like the varsity, came out of the tournament with many positive wins, and a great end to the season.

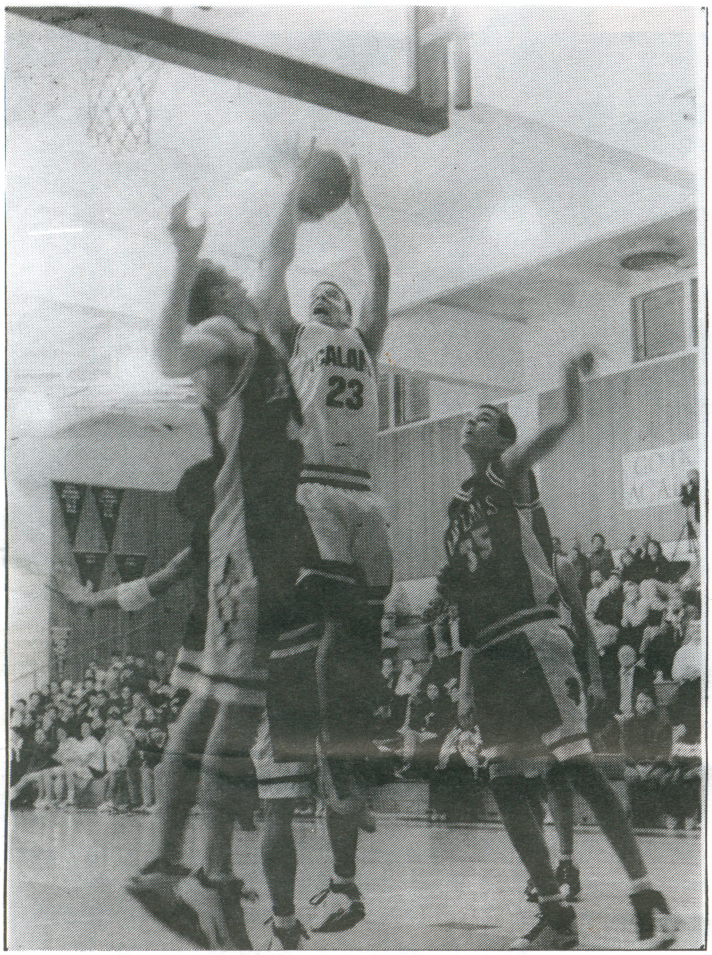
The Acalanes wrestling team beat the odds on Feb. 4, beating Dublin in their second match of the season 48-23, which is one more than they were expected to win.

Last year against Dublin, Acalanes lost big, only winning two of their matches. This year Dublin was hit with academic problems, and lost about ten of their wrestlers. Those problems, along with a new coach, caused Dublin to enter the tournament with only ten wrestlers. Acalanes wrestled 12 out of the 13 weight classes, but forfeited the 145, 215 and heavyweight classes. Senior Scott Seibert and juniors Jon Hill and David Nouri all won their respective matches.

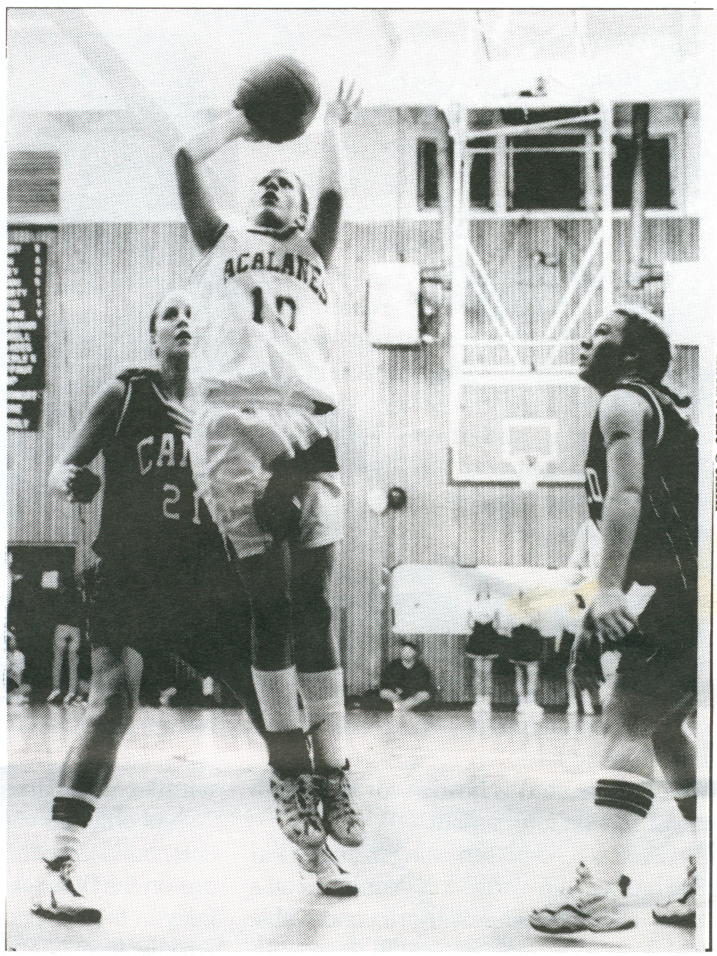
After a strong win against Dublin, they fell to Las Lomas at home on Feb. 11, bringing only seven wrestlers to challenge a very tough Las Lomas squad.

"Overall I was very happy with our showing on the JV level and varsity level...we only have three graduating seniors: Tomoko Roudebush, Scott Seibert, and Sam Glickman, hopefully that everybody else comes out next year...we might end up with forty kids out next year, which would be a tremendous increase. My goal is to fill every weight class," said Changaris commenting on a great season.

Athletes of the Issue



Blueprint Photo/Julie Cellini



Blueprint Photo/Julie Cellini

Brett Gingery

At first glance, one would not guess that senior guard Brett Gingery dunks. Most Dons fans know better, however. Gingery dazzles the fans with his aerobics whenever the chance presents itself. Gingery added extra firepower this year to the Dons' deep squad. "He adds an offensive threat to the team. Other players respect his outside shot, his quickness, and his jumping ability. He leads verbally and by example," said teammate and past AOI recipient C.J. Duffaut. Gingery scored 16 points in his team's 60-40 Las Lomas victory Feb. 20th, and approached the TCAL leader board in scoring with teammate Eric Ramp. For these achievements, Gingery earns this month's Male Athlete of the Issue.

Hillary Andersen

On a consistent basis, junior guard Hillary Andersen found the openings in opponents' defenses, then exploited the play for an easy two or three. For her explosive energy, devastating defense, and ferocious fire on the court, Andersen is Blueprint;s *Female Athlete of the Issue. "She can shut down any big defensive player," said senior teammate and past AOI recipient Rachel Rosemeyer. "We look to her when it's crunch time," added senior guard Megan Babcock. Andersen scored 12 points at the high point of the Lady Dons' season, their 57-41 victory over Campolindo, and contributed eight points in their Campo loss last Saturday.*